

EHPS 2026

40th Annual Conference of the European Health Psychology Society

Final programme

All times in this document are in EEST, UTC+3

Monday, 31 Aug

9:00 - 14:00 Mixed-methods in health psychology research: What? Why? How?

Chair: Richard de Visser

Room: Leda

9:00 Mixed-methods in health psychology research: What? Why? How?

Richard de Visser

9:00 - 18:00 Behaviour Change Intervention Ontology in Action: Harnessing the ontology for better evidence synthesis of Interventions

Chair: Paulina Schenk and Carolina Silva

Room: Hermes

9:00 Behaviour Change Intervention Ontology in Action: Harnessing the ontology for better evidence synthesis of Interventions

Paulina Schenk, Carolina Silva, Maya Braun, Micaela Santilli

9:00 - 18:00 Digital Health Interventions in Health Psychology: From Design and Regulation to Real World Delivery

Chair: Sophie Fawson

Room: Christian Barnard

9:00 Digital Health Interventions in Health Psychology: From Design and Regulation to Real World Delivery

Sophie Fawson, Rona Moss-Morris, Ereza Ibrahimi, Madison Milne-Ives

17:00 - 18:30 CREATE Annual General Meeting

Room: Aphrodite A

Tuesday, 01 Sep

9:30 - 10:00 Brief Welcome
Room: Akamas

10:00 - 11:00 Short Orals, Roundtables

Roundtable The EHPS Climate Café: an informal space to listen and share on climate change
Chair: Maud de Groot and Claudia Teran Escobar
Room: Hermes

10:00 The EHPS Climate Café: an informal space to listen and share on climate change.
Maud de Groot, Claudia Teran Escobar

Roundtable Closing the gap: The urgent need for gender equity in academic career paths
Chair: Esther Metting
Room: Sophia

10:00 Closing the gap: The urgent need for gender equity in academic career paths
Esther Metting

Oral Session Behavioural Mechanisms and Intervention Implementation
Chair: Angela Rodrigues
Room: Corallino

10:00 Filling your own Plate Exploring the influence of autonomy on children's vegetable intake
Rosalie Mourmans

Online 10:10 Shared steps: supporting exercise behaviour change in Parkinson's
Louisa Lawrie

10:20 Delivery of behaviour change techniques in community-based physical activity interventions: a focused ethnographic case study
Jessica Marshall

10:30 Co-creating an HIV-prevention decision-aid based on preferences and values of men having sex with men
Iris de Visser

10:40 Addressing psychosocial heterogeneity in colorectal cancer screening: Clustering non-adherers to inform targeted and tailored interventions
Marcella Bianchi

10:50 Indoor sunbed use among young adults: Theoretical determinants and implications for skin cancer prevention
Tracy Epton

Roundtable Engagement in digital health: working towards a unified framework of conceptualisation and measurement
Chair: Madison Milne-Ives
Room: Aphrodite A

10:00 Engagement in digital health: working towards a unified framework of conceptualisation and measurement
Madison Milne-Ives, Christina Pearce, Jeni Baykoca, Laura Bijkerk, Saskia Kelders

Roundtable Rethinking theory-based behavior change interventions through the lens of complex systems

Chair: Dario Baretta and Matti T. J. Heino

Room: Aphrodite B

- 10:00 Rethinking theory-based behavior change interventions through the lens of complex systems
Dario Baretta, Matti T. J. Heino, Olga Perski, Sarah Denford, Christopher Jones

Oral Session Theoretical Models and Frameworks

Chair: Lela Lezhava

Room: Christian Barnard

- Online 10:00 The transtheoretical model of change and its extensions in health-promoting lifestyle behaviors: a scoping review
Camille Giauffer
- 10:10 The Neglected Body: What Health Psychology Keeps Missing
Lela Lezhava
- 10:20 Barriers and drivers of flu vaccination: evidence from the 7C-Model
Greta Magdalena Steckhan
- Online 10:30 Toward a personalized physical activity promotion approach: mapping the Transtheoretical Model to Behavior Change Techniques
Fabienne d'Arripe-Longueville
- Online 10:40 Behavioural Drivers and Influences on Food-Safety Practices in UK Hospitals: A COM-B Analysis
Elizabeth Redmond

Oral Session Psychosocial factors, prevention & public health

Chair: Zuzanna Kwissa-Gajewska

Room: Athena

- 10:00 Preventing exposure to endocrine-disrupting chemicals among European adults: A cross-sectional study on theory-based social-cognitive factors
Cristina Godinho
- 10:10 "Lead a horse to water, but you can't make it drink." Perceptions of IBD non-adherence
Kathryn King
- 10:20 The role of health psychology in improving biosecurity conversations to protect human and animal health
Maria Jose Hun López
- 10:30 Understanding Lung Cancer Screening Motivation: Cognitive, Affective, and Thought-Based Predictors in a UK Screening-Eligible Sample
Andriana Theodoropoulou
- Online 10:40 Self-compassion and compassion in the association between childhood BMI and adult weight outcomes
Moona Rannankari
- 10:50 Exploring Future Cervical Screening in Young Adults From Northeast England Using the Behaviour Change Wheel
Faye Doughty

Oral Session Innovative Assessments and Measures to Evaluate Quality of Life in Various Settings

Chair: Jennifer Lay

Room: Leda

- 10:00 Developing a consensus-based definition of sexual quality of life: a delphi study
Léa Demeulenaere
- 10:10 Measuring vasomotor menopausal symptoms: an update on a systematic review of valid instruments
Ana Rita Nunes
- 10:20 Dissociative disorder symptoms among UK university students: Prevalence, daily life manifestations, and cognitive intervention points
Jennifer Lay

Online 10:30 A Framework for Measuring Stress: Integrating Psychological Assessment, Farmers' Mental Health, and Social Sustainability Research
Linda Reissig

11:00 - 11:30 Coffee break

11:30 - 13:00 Orals, Symposia & SOTA

Symposium The Journey from Cancer Diagnosis to Survivorship

Chair: **Sotia Nestoros and Maria Karekla**

Room: **Sophia**

- 11:30 Just after breast cancer diagnosis: Patient-reported distress, biological stress responses and determinants
Chrysanthi Leonidou
- 11:45 Multimodal deep learning to estimate quality of life in advanced cancer patients
Angelos Kassianos
- 12:00 Mental health in cancer survivorship
Anja Mehnert-Theuerkauf
- 12:15 PSYCHOLOGICAL interventions for adult survivors of childhood and adolescent cancer: A scoping review
Sotia Nestoros
- 12:30 Emotional resilience after a cancer diagnosis: Moving beyond toxic positivity toward trauma-informed psycho-oncology
Stephanie Christodoulidou
- 12:45 Could cancer return? Fear of recurrence and how to cope with it
Dr. Marianna Zacharia

Oral Session Current Approaches to Healthy Ageing: Integrating Behavioural Theory, Lived Experience, and Innovative Intervention Design

Chair: **Emma Godfrey**

Room: **Corallino**

- 11:30 Attitudinal determinants of digital health use in older adults: A Theory of Planned Behaviour approach
Cristina Camilo
- 11:45 Emotion regulation mediates age differences in loneliness, and its effects vary across adulthood
Jenny Groarke
- 12:00 Getting Back to Living: Pathways out of Loneliness in Adults aged 50+: a qualitative study
Emma Godfrey
- 12:15 An intergenerational cognitive-physical activity program for early cognitive decline: cognitive and behavioural benefits
Julie Latomme
- 12:30 Development of a partner-based dance intervention for people with subjective memory complaints: A co-creation study
Kristina Pfeffer

Oral Session Understanding and improving patient experiences across the care pathway

Chair: **Valerie Morrison**

Room: **Aphrodite A**

- 11:30 Implementation of patient-reported outcome and experience measures in cancer screening: results from the EUCanScreen project
Theodora Fteropoulli
- 11:45 Service-user experiences of integrated care for physical and mental health: A behavioural science-informed systematic review
Alison McKinlay

- 12:00 Barriers and Enablers to Uptake of Rare Tumour Risk Syndrome Care Pathways: A Mixed-Methods Study
Maiara Moreto
- 12:15 Overcoming biases and barriers to help-seeking: A practice-oriented digital health solution for men's mental health
Shauna L. Rohner
- 12:30 Digital patient safety interventions in primary care: A systematic review and meta-analysis
Maria Panagioti
- 12:45 Psychological predictors of sustained delivery of behaviour change interventions: a longitudinal study of healthcare professionals
Chris Keyworth

Oral Session Psychosocial well-being in Healthcare Contexts

Chair: Magdalena Grabowska

Room: Aphrodite B

- 11:30 Health-related quality of life and psychosocial functioning in women undergoing breast cancer surgery in Cyprus
Eleni Tzounaka
- 11:45 Temporal relationships between dysmenorrhea and depression in Norwegian women
Anna Ivanova
- 12:00 Do reproductive factors shape depression stability? Early menarche, endometriosis and PMS in longitudinal registry data
Eivind Ystrom
- 12:15 Relationship Satisfaction, Well-Being, and Emotional Support in Individuals Living with HIV: A Matched Comparison Study
Magdalena Grabowska
- Online 12:30 Can an online yoga intervention reduce perceived stress in healthcare workers? A randomised controlled trial
Lucy Doyle

Symposium Co-regulating health and well-being in couples: Conceptualization, measurement, and intervention

Chair: Janina Lüscher and Corina Berli

Room: Christian Barnard

- 11:30 Do Parents Cope Differently? Dyadic Coping in Everyday Versus Child-Related Stress Conversations
Eva Katharina Matthias
- 11:45 Common dyadic coping and emotional well-being in spinal cord injury: insights from a video study
Maria Chiara Piani
- Online 12:00 Co-Regulation of affect and subjective health in younger and older couples: A dynamic network analysis
Andrea B. Horn
- 12:15 Let's go for a walk: Shared physical activity and relationship well-being in couples' everyday life
Corina Berli
- 12:30 Effectiveness of dyadic interventions: The impact of who is doing what for whom during dyadic interventions
Karoline Villinger
- 12:45 Audience engagement activity
Janina Lüscher

Symposium Health Communication and Antibiotic Stewardship

Chair: Miroslav Sirota and Robert Böhm

Room: Athena

- 11:30 Willful Ignorance in the Context of Antibiotic Prescribing
Alina Schneider

- 11:45 Determinants of antibiotic prescribing in Irish General Practice: A qualitative study to inform curriculum content
Kevin Roche
- 12:00 Improving Public Understanding of Antimicrobial Resistance Through Infection-Based Communication
Miroslav Sirota
- 12:15 Reducing Existential Risk By Reducing The Allure Of Unwarranted Antibiotics: Two low-cost interventions
Nick Byrd
- 12:30 Discussion
Robert Böhm

Symposium From digital traces to digital care: Leveraging technology to understand and support mental well-being

Chair: Theresa Frohn and Ann-Kathrin Sowa

Room: Leda

- 11:30 Digital traces at work: Rethinking private smartphone use as a recovery resource for daily well-being
Ann-Kathrin Sowa
- 11:45 Mobility matters: Smartphone-derived GPS features as within-person signals of mental health
Krisna Adiasto
- 12:00 Tell me why: How disclaimers for smartphone use influence well-being outcomes in VR interactions
Theresa Frohn
- 12:15 A Cluster Analysis of Adolescents' Online Short Video Use for Mental Health Information and Support
Eline Smit
- 12:30 Evaluating An Online Tool to Reduce Undesirable Coping Strategy Use
Jacob Keech
- 12:45 Discussion
Olga Perski

13:00 - 14:30 Lunch

13:00 - 14:30 National Delegate Meeting
Room: Aphrodite B

14:30 - 16:00 Orals and Symposia

Oral Session Social Contexts, Stigma, and Behavioural Health

Chair: Abbi Mathews

Room: Hermes

- 14:30 Brief online parasocial contact to reduce stigma toward individuals with visible differences
Abbi Mathews
- 14:45 "I probably dialled down social interactions": addressing social contexts in temporary abstinence challenges
Richard de Visser
- 15:00 Who Gets Seen as a "Real" Family? A Scoping Review of Stigma, Institutions, and Health
Adar Hoffman
- Online 15:15 Understanding Behavioural Determinants of Treatment and Adherence in Black Men with Advanced Prostate Cancer
Ayşenur Kılıç
- 15:30 A qualitative study of the mental health consequences of racism among Roma
Monika Mihaličková
- 15:45 Improving information about cervical cancer screening with women from underserved groups from deprived urban areas
Olga Damman

Symposium What's in a 'habit'? Operationalising habit and its influence on health behaviour
Chair: Benjamin Gardner
Room: Sophia

- 14:30 How Has Habit Been Measured? A Scoping Review Across Disciplines
Laura M. Gördes
- 14:45 'Something I do automatically': Reflections on the Self-Report Behavioural Automaticity Index
Benjamin Gardner
- 15:00 Studying habits in the lab: behavioral and neural mechanisms of latent habits
Eike Kofi Buabang
- 15:15 Exploring sedentary behavior habits in older adults: a sensor-triggered event-based ecological momentary assessment study
Sofie Compennolle
- 15:30 The habit-intention interaction hypothesis revisited: Within-person evidence from an intensive-longitudinal study
Dario Baretta
- 15:45 Discussion
Robert Edgren

Symposium From Theory to Method and Back Again: Deconstructing Dyadic Research in Behavioral Health
Chair: Gertraud Stadler
Room: Corallino

- 14:30 Audience engagement activity
Gertraud Stadler
- Online 14:45 Effects of a dyadic just-in-time-adaptive intervention for promoting physical activity in couples
Urte Scholz
- 15:00 Dyadic disruption and the Heart2Heart study: Theory, methodology, and pragmatism
Talea Cornelius
- 15:15 Theoretical and methodological dyadic approaches to financial health: contrasting parental and social support dyads
Stine Berlin
- 15:30 Discussion
Corina Berli

Symposium Physical health promotion within mental health care settings
Chair: Oonagh Meade
Room: Aphrodite A

- 14:30 Barriers and enablers to delivering chronic disease preventive care in mental health settings: scoping review
Rebecca Trower
- 14:45 Effectiveness of physical activity promotion interventions in mental health care: A systematic review and meta-analysis
Lasse Eini
- 15:00 Factors influencing healthcare staff delivery of weight-related conversations in mental health services: mixed methods study
Angela Rodrigues
- 15:15 Online group fitness training for first-episode psychosis: the Remote Exercise And Lifestyle (REAL) study
Chelsea Sawyer
- 15:30 Audience engagement activity
Oonagh Meade
- 15:45 Discussion
Molly Byrne

Symposium Gender in health-related stigma: the micro, meso and macro-level

Chair: Aranka Ballering

Room: Aphrodite B

Online 14:30 Gendered health-related stigma: an introduction
Melissa Ceuterick

14:45 How social identities shape endorsement of the sick role: intersectional analyses of persistent somatic symptoms
Aranka Ballering

15:00 The gendered public chronic pain stigma: intersections with pain type, media framing, cultural contexts
Liesbet Goubert

Online 15:15 Understanding provider gender biases in pain care: a socioecological interaction-based model
Sónia Bernardes

15:30 Discussion
Maya Schroevers

SOTA Session Co-producing person-centred support: From evidence to practice

Chair: Angelos Kassianos

Room: Christian Barnard

14:30 Partnership Matters: How Meaningful Collaboration Increases Access to Co-produced Evidence-Based Impactful Resources for Visible Differences
Diana Harcourt

15:15 From behavioural science to practice: co-producing dietary support for social prescribing
Oana Petre

15:30 Putting person-centeredness into reality
Anne Marie Plass

Symposium GenAI-supported behaviour change interventions: what is the role of health psychology?

Chair: David Haag

Room: Athena

14:30 Augmenting AI-generated just-in-time adaptive interventions with health behaviour theory: Do users notice?
David Haag

14:45 Making Every Moment Count: Context-Aware Recommendations for Short Bouts of Physical Activity
Faith Young

Online 15:00 Convincing Without Conflict? A Comparative Study of AI- and Literature-Based Strategies to Promote Meat Reduction
Elena Wurth

15:15 Affective and Behavioral Reactions to Health-Related Social Control by Social Robots
Jiaxin Xu

15:30 Co-designing a chatbot-led comprehensive digital stop smoking service for pregnancy
Felix Naughton

15:45 Discussion
Keegan Knittle

Symposium Forgotten factors in long-term conditions: everyday behaviours, psychological mechanisms and intervention targets

Chair: Sophie Harding and Vari Wileman

Room: Leda

14:30 Exploring the spectrum of restrictive eating behaviours in Inflammatory Bowel Disease: A systematic review
Sophie Harding

- 14:45 Sex with Multiple Sclerosis: Examining sexual and relational distress before and after psychosexual support
Ashley Brown
- 15:00 Barriers and Facilitators to Engagement with Pain-related Psychological Interventions in Multiple Sclerosis: Mixed-Methods Systematic Review
Goretti Hurtado Barbeito
- 15:15 Why is implementation of behavioural interventions for chronic fatigue so difficult? The Dutch experience
hans knoop
- 15:30 Digital self-management improves quality of life in inflammatory bowel disease via cognitive, behavioural, emotional pathways
Vari Wileman
- 15:45 Discussion
Rona Moss-Morris

Oral Session Public reactions to population health problems
Chair: James Reynolds
Room: Zeus

- 14:30 How to measure public support for health policies: cognitive interviews
Maria Goodwin
- 14:45 Characterising Interventions to Influence Public Support for Policies: A Scoping Review
Tess Langfield
- 15:00 Testing an Expectancy-Value Theory of public support for policies
James Reynolds
- 15:15 Public responses to CDC statements on vaccines and autism
Robert Böhm
- 15:30 Trends in public trust in the providers of health information in Ireland and Canada 2022-2025
Gerry Molloy
- 15:45 Effective social and behavioural science advice during major infectious disease outbreaks: an expert consensus study
Joni Jacobs

16:10 - 17:10 Short Orals

Roundtable Joint efforts to close the gender data gap: a multi-country perspective
Chair: Marcella Bianchi and Gertraud Stadler
Room: Hermes

- 16:10 Joint efforts to close the gender data gap: a multi-country perspective
Marcella Bianchi, Christine Parsons, Keenan Ramsey, Gertraud Stadler

Roundtable Let's talk more about teeth: what can health psychology and dentistry do for each other?
Chair: Marie K. Murphy
Room: Sophia

- 16:10 Let's talk more about teeth: what can health psychology and dentistry do for each other?
Marie K. Murphy, Maddelon de Jong-Lenters, Pomme van Maarschalkerweerd, Zdenka Eidenhardt

Oral Session Interventions for Substance Use and Dietary Intake
Chair: Maddie Sinclair
Room: Corallino

- 16:10 SoftPeers-Mechanisms: optimizing peer-led binge drinking prevention in French high schools
Julien Quesne
- 16:20 Escape the Vape: cocreating a vaping-prevention activity in prevocational secondary education
Anne Zijp

- 16:30 Behaviour shifts without attitude change: evidence from an 8-week meat reduction study
Maddie Sinclair
- 16:40 An ethno-phenomenological analysis of playful physical activity to promote physical activity in adults
Indra Carey
- 16:50 Nutri'way: Feasibility and behavior change effectiveness of a nutritional education intervention for families and students
Rebecca Shankland

Oral Session Individual processes and well-being

Chair: Pierre G rain

Room: Aphrodite A

- 16:10 Miscarriage and Post-Traumatic Stress Disorder: Study of Partner Attachment Style, Gestational Stage, and Post-Loss Period
Antonia Andreou
- Online 16:20 Resilience and Mental Health in Inmate Populations: A Systematic Review of Research Data
Vasileia Nitsa-Goudeli
- Online 16:30 Cancer identity and mental health outcomes in adult survivors of childhood cancer
Claire Galvin
- 16:40 Adapted physical activity and emotional regulation on psychological sick leave: mechanisms supporting recovery narratives
Marieke Sp h
- 16:50 Problematic swiping: How motives for dating app use relate to mental health in young adults?
Matea Kramari 
- Online 17:00 Digital nudges for healthier smartphone use: Effects on wellbeing, vigilance and behavior
Catharina Muench

Oral Session Self Management, Engagement and Behaviour Change

Chair: Alexandre Mazeas

Room: Aphrodite B

- 16:10 Optimising men's surgical treatment decision making in Benign Prostatic Hyperplasia (BPH)
Charlotte Hollands
- 16:20 Strategies for treatment decision-making among esophagogastric cancer patients with lower health literacy: a qualitative study
Merel Van Eick
- 16:30 A pilot RCT to test the feasibility of a self-enactable behavior change technique training
Alexandre Mazeas
- 16:40 A review of barriers and facilitators to lifestyle intervention uptake and adherence among adults
Ellen Van den Haute
- 16:50 Smart Goal-setting and Flow in Physical Activities and Other Domains
Dwight Tse
- 17:00 Physical activity, psychosocial outcomes and habits in cancer survivors using an app-based physical activity intervention
Phillippa Lally

Roundtable On Wicked Measurement Problems and the Tendency to do Things the Glinda Way

Chair: Gjalt-Jorn Peters

Room: Christian Barnard

- 16:10 On Wicked Measurement Problems and the Tendency to do Things the Glinda Way
Talea Cornelius, Gjalt-Jorn Peters, Maya Braun, Paulina Schenk, Marie Johnston

Oral Session Understanding and Improving Patient Outcomes in Chronic Conditions

Chair: Ben Ainsworth

Room: Athena

16:10 Medicines support and social prescribing to address patient priorities in multimorbidity (MIDAS): Trial protocol
Eanna Kenny

Online 16:20 Weight regain and health-related quality of life after bariatric surgery in Swedish Obese Subjects study
Hanna Kontinen

16:30 Understanding the DEFINE RCT: Mixed methods process analysis of FeNO-guided Asthma Management in 2600 Patients
Ben Ainsworth

Online 16:40 Embedding psychosocial oncology in Greece: an evidence-informed policy analysis and stepped-care pathway
Antonios Bozas

16:50 Harmonica-Based Breathing in Hybrid Cardiac Telerehabilitation: Psychological Outcomes of a Randomized Trial
Katarzyna Piotrowicz

Oral Session Wellbeing in Healthcare Contexts

Chair: Anja Mehnert

Room: Leda

16:10 Pulmonary Symptoms and Psychological Distress in Lung Transplant Recipients
Aleksandra Stańska

Online 16:20 Quality of life in patients undergoing hemodialysis: the indirect effect of symptom burden
Ana Cristina Bernardo

Online 16:30 SurNet: Assessing the psychosocial needs of survivors of pediatric cancer - a qualitative study
Jéssica Pimentel

16:40 Post-pulmonary embolism concerns, positive and negative emotions and hope in building posttraumatic growth
Dorota Włodarczyk

16:50 Existential rehabilitation. Adapting and further developing a meaning-centred intervention for cardiac patients and their relatives
Nina Rottmann

17:10 - 17:30 Coffee break

17:30 - 18:30 From Theory to Transformation: How Psychology Drives Digital Health Innovation

Chair: Valerie Morrison

Room: Akamas

17:30 From Theory to Transformation: How Psychology Drives Digital Health Innovation
Jane Walsh

18:45 - 20:00 Opening Ceremony & Welcome Reception

Room: Coral Beach Hotel & Resort (Venue)

Welcome Cocktail is the first social gathering between all conference delegates and it will take place at the Venue Hotel. It will be a relaxing evening during which delegates will have the opportunity to talk to colleagues and peers, while enjoying local drinks and ample canapés.

Wednesday, 02 Sep

9:00 - 10:00 Short Orals, Roundtables

Oral Session Advancing measurement, monitoring, and implementation in health research and practice

Chair: Konstantina Griva

Room: Hermes

9:00 How do We Measure Intimate Partner Violence? A Comparative Content Analysis of Major IPV Scales
Lalou Holdt

Online 9:10 Evaluation of instruments to measure infant feeding and weight-related outcomes for early childhood obesity prevention
Dimity Dutch

9:20 Straight to the Point: Validating Simple Measures for (Oral) Health Behaviour Predictors
Renate Deinzer

9:30 Vaccine hesitancy: The association between open- and closed response questions
Helena Pires

9:40 Development of a Novel Fidelity Monitoring Tool for Guided Self-Help Interventions: GSH-FMT Version 1
Tamla Evans

9:50 Who Engages in Precision Medicine Governance? Participation, Motivations, and Equity Gaps in a National Cohort
Konstadina Griva

Oral Session Couples, families, and social support in health and illness

Chair: Maria Karekla

Room: Sophia

9:00 Illness perceptions, couple support behaviours, and health-related outcomes in asthma patients and their romantic partners
Liuyu Wei

9:10 Communal coping, health-related social control, and changes in health behaviours and relationship satisfaction in couples
Jean-Philippe Gouin

9:20 "In the Same Boat": A Dyadic Qualitative Study of Good-Parent Beliefs in Chinese Pediatric Oncology
Changyuan Tang

9:30 Co-development and Feasibility Testing of the COMPANION: An eHealth Intervention for Family Caregivers
Somayyeh Mohammadi

9:40 Co-Designing the "Compassionate Carer": A Compassion-Focused Therapy and Acceptance-Based Digital Application to Support Informal Caregivers
Demetra Christodoulou

9:50 The provision of social support in a digital-based self-management type 2 diabetes programme (MyDESMOND)
Michelle Hadjiconstantinou

Oral Session Digital applications, eHealth, and technology-supported care

Chair: Emily White

Room: Corallino

9:00 Mechanisms of Engagement with Mobile Health Apps for Adults with Long-Term Conditions: A Meta-Review
Jeni Baykoca

- 9:10 Acceptance of large language models for health information under structural healthcare constraints
Rita Phillips
- 9:20 Adapting A Digital Psychosexual Intervention for Managing Sexual Difficulties in People Living with Multiple Sclerosis
Emily White
- 9:30 Evaluation of a health partnership approach in designing an online supportive care intervention in oncology
Nathalie Touma
- 9:40 Developing a national implementation strategy for digital mental health interventions in Irish higher education institutions
Leona Ryan

Oral Session Communication, trust, and relationships in healthcare

Chair: Michael Kilb

Room: Aphrodite A

- 9:00 Exploring the impact of healthcare professional conversations about pain on children, young people, and parents
Rebecca Lee
- 9:10 Dynamics of self-efficacy, symptoms, and affect among dermatology patients. the importance of doctor-patient communication
Zuzanna Kwissa-Gajewska
- 9:20 Trust in doctors among Czech older adults: When expertise meets partnership in doctor-patient interaction
Zuzana Scott
- 9:30 Experiences of recovery from myalgic encephalomyelitis/chronic fatigue syndrome: implications for clinician-patient communication
Brian Curtin
- Online 9:40 Conflict Narratives and Self-Justification among Healthcare Professionals: A Cross-Cultural Qualitative Study with Occupational Health Implications
Dóra Kocsis
- Online 9:50 Relational and professional resources in preventing burnout among Romanian physicians
Daniela Muntele

Roundtable It's time for the bubble to pop: Exploring hidden impacts of unpaid care and solutions

Chair: Thomas Gültzow

Room: Aphrodite B

- 9:00 It's time for the bubble to pop: Exploring hidden impacts of unpaid care and solutions.
Thomas Gültzow, Tuğçe Varol, Hanne Zimmermann, Sanne Raghoobar, Sarah E. Stutterheim, Matthias Burkard Aulbach

Roundtable Developing a European Joint Masters in the Behavioural Sciences for Health (EMBESH): Challenges and Opportunities

Chair: Erik Olsson and Molly Byrne

Room: Christian Barnard

- 9:00 Developing a European Joint Masters in the Behavioural Sciences for Health (EMBESH): Challenges and Opportunities
Erik Olsson, Molly Byrne, Olga Perski, Marta Moreira Marques, Adelita Ranchor

Oral Session Innovations in Methods and Reporting Standards

Chair: Talea Cornelius

Room: Athena

- 9:00 Advancing Multimodal Assessment of Dispositional Affect with EMA, Trait Questionnaires & Digital Behavioral Markers
Nato Lagidze

- Online 9:10 Reflecting on reflexivity and positionality in health psychology research
Lenka Sokolová
- 9:20 Beyond tokenism: Embedding meaningful lived experience involvement across the five-year ENTRUST health psychology research programme
Claudia R. Knowles
- 9:30 Reporting of micro-randomised trials: a systematic methodological review
Zainab Haider
- 9:40 Citizen Science Through Photovoice: Empowering Communities to Improve Health and Wellbeing
Pepijn van Empelen

Roundtable The why and how of science communication: sharing health psychology with non-academic audiences

Chair: Kari Leibowitz

Room: Leda

- 9:00 The why and how of science communication: sharing health psychology with non-academic audiences
Kari Leibowitz, Lauren Heathcote, Laura König

10:00 - 11:00 Posters

Poster Session Psychosocial Vulnerability, Support, and Well-Being Across Contexts

Chair: Vivien Hajak

Room: Christiaan Barnard Foyer

Exploring the Relationship Between Antisocial Personality Disorder, Self-Compassion and Compassion to Others
Valentini Kitazou

- Online From childhood neglect to borderline traits: The mediating roles of internalized shame and self-compassion
Irena Toumba

The Role of Values in Marital Satisfaction and Health Among Pregnant Women
Mor Mizrahi

- Online Evidence-based interventions for university student mental health: a narrative review and implications for Spanish universities
Alejandro Peña Gutiérrez

- Online Examining the Relationship Between Number of Sexual Partners and Self-Esteem, Sexual Risk, and Psychological Health
Afrodite Papapetropoulou

Risk and Resilience Under Parental Migration: Social Support and Character Strengths as Protective Mechanisms
Nato Lagidze

- Online Knowledge level about kidney transplantation and severity of depression and anxiety in patients before transplantation
Mirella Wojciechowska

A dyadic hypnosis intervention in Alzheimer's disease: a controlled pilot study
Elisa Ryckewaert

Developing a hospital based peer mentor delivered intervention to support patients with alcohol dependence
Georgia Foote

Poster Session Strengthening health for all

Chair: Diana Taut

Room: Christiaan Barnard Foyer

Gender-sensitive smoking and vaping cessation: A systematic review of efficacy and safety
Julia Weiss

Applying Community-Based Participatory Approach to Identify Enablers and Barriers for Obesity Prevention and Health Equity
Ewa Kulis

Barriers and facilitators to participation in public health research among underserved populations: a qualitative study
Marente Mol

Mapping the environmental health-promoting resources in the local neighborhood: Community Stakeholders' perspective
Julia Kuźmińska

How do local health assets support obesity prevention? Photovoice evidence from the rural, low-income community
Zofia Szczuka

Nutrition Literacy Among Rural Residents Engaged in a Digital Behavioral Weight Loss Program
Rebecca Krukowski

Stigma, Advocacy, and Politics: Representations of HIV and PrEP on X in the Greek Context
Konstantina Stavrogianni

Perspectives of vulnerable women and healthcare professionals on women's HPV-related health literacy needs and barriers
Anca Albu

Role of gender differences and inequities in antibiotic use and antimicrobial resistance: an umbrella review
Emma Berry

Anti-burnout puzzle: a resilience based intervention for burnout in academic professionals
Nuno Ferreira

Identifying barriers and facilitators of olfactory communication in breastfeeding initiation: A qualitative evidence synthesis
Vivien Swanson

Poster Session **Psychological Pathways to Health, Coping, and Well-Being**
Chair: Marie Murphy
Room: Christiaan Barnard Foyer

Online Predictors of sleep quality in university students: The role of stress, personality, and mindfulness
Afsane Riaz

Adverse childhood experiences and eating behaviors in adulthood
Mihaela Belošeska

Exploring experiences of diabetic retinopathy screening in Ireland: comparison between age groups transitioning to adulthood
Alice Le Bonniec

A narrative review of the psychosocial experiences of young adults with early-onset type 2 diabetes
Molly Caba

Preoperative expectations linked to postoperative QOL in parkinsonian patients' candidate to deep brain stimulation.
Elisabeth Spitz

Psychological Pathways to Health and Well-Being in Fibromyalgia: Gender-Specific Mechanisms of Depression and Anxiety
Ronit Avitsur-Hamiel

The Social Power of Disgust: Evidence for the Dominance of Moral Disgust
Iva Poláčková Šolcová

Personality Traits as Predictors of Perceived Lack of Social Support Deprivation in a Clinical Sample
Laura Petersone

Experiences of Coping Strategy Switching in University Students: An Interview Study
Tenelle Maroney

Metabolic and inflammatory biomarkers in anxiety and depression: a psychometabolic framework (work in progress)
Petra Riedlova

Factors associated with mental health outcomes in adults with cancer: A systematic review
Paula Proestou

Predictors of Quality of Life and Sexual Function in newly diagnosed HPV-positive women: six-month observation
Vassiliki Siafaka

Poster Session Advances in health risk communication

Chair: Masaryk Radomír

Room: Christiaan Barnard Foyer

Cognitive and sociotechnical framing of hydrogeological risk: A protocol for alpine digital risk communication
Mariagrazia Monaci

Online An exploratory multilevel study of type 2 diabetes risk communication from patient and provider perspectives
Nicolle Simonovic

Understanding head and neck cancer through the public eye: social media responses to celebrity cases
Rhianne Kiley

Emotions and support needs in parents' vaccination decision-making for young children
Thomas Emonds

Scoping review: Why am I using a diagnostic self-test? Exploring intention and behavior using TPB
Barbara Sassen

Features of Experience-Based Learning: Control, Accumulation, and Generation Processes
Nikita Abalakin

Motherhood with HBOC: experiencing preventive disruption
Tsipi Hanalis Miller

Interventions to Improve Sexual Health Communication in Chronic Care: A Systematic Review
Milou Fredrix

Poster Session Implementation of AI and digital health solutions

Chair: Jennifer Inauen

Room: Christiaan Barnard Foyer

Virtual Reality for Mental Health in Noncommunicable Diseases and Implementation Determinants: A Scoping Review
Bingyan Lin

Acceptance, opportunities, and possibilities of humanoid robots in nursing care to foster health
Shanice Schüle

The AI-assisted screening in a systematic review on the association between body composition and depression
Meiyu Lu

Personalized digital healthcare advice to bridge the digital divide: A pragmatic evaluation in GP practice
Esther Metting

TouchTex – Usability of a haptic remote-communication system in clinical and everyday contexts
Sonja Dana Roelen

AI Adoption in Breast Cancer Diagnostics: Barriers and Facilitators Among Physicians With and Without Experience
Marlene Kritz

Digital Health Enablement: An integrative theoretical model for understanding who benefits from digital health technologies
Max Western

Poster Session Interventions to Change Health and Lifestyle Behaviour

Chair: Keegan Knittle

Room: Christiaan Barnard Foyer

Reducing sedentary behavior in older adults: a full factorial randomized trial
Noemi Lorbeer

Testing the feasibility of the Super Challenge: a self-determination theory-based workplace physical activity intervention
Aurélia Violette

Upward choices: Do Footprint Nudges Motivate Stair Use at the University?
Dana Braß

Co-Health Brussels: a co-creative school-based intervention for healthy, climate-friendly nutrition and transport in young adolescents
Fien De Block

Online From forecast to behaviour: a micro-randomised thermal risk platform for heat-adaptive running
Robert W. Bruckmann

A mixed methods evaluation of an identity-and autonomy-based training to promote healthy behaviors in pregnancy
Rukiye Turkeli

Combinations of behavior change techniques in lifestyle interventions for breast cancer survivors: Systematic meta-review
Monika Boberska

How is Self-Determination Theory operationalised in health behaviour change interventions? - A Scoping Review
Eva Cooney

Effective Strategies For Successful Weight Control In Adults: A Qualitative Study
Beatriz Branco

Poster Session Understanding Health Behaviours: Motivation, Processes and Change
Chair: Eivind Ystrom
Room: Christiaan Barnard Foyer

Motivation for Health Behavior and Health Behavior Change
Elisa Wiedemann

Online Post-Earthquake Trauma and Health Behaviour Change: Testing the Health Belief Model in a Disaster-Affected Population
Gulsen Filazoglu Cokluk

Predicting protective intentions from outbreak information in emerging infections: an online experiment in France
Renaud Mabire-Yon

Behavioural Determinants of Antibiotic Use: Insights from a General Population Survey in Poland
Iga Palacz-Poborczyk

Online "Just a little bit more": development and validation of Vamping Self-Report Habit Index (VSRHI)
Renato Pisanti

Online Understanding condom use in sexually transmitted infection prevention through the Theory of Planned Behavior
Vasiliki Efsthathiou

Online Using COM-B to explore the influence of social media misinformation on domestic cooking and cleaning practices of adults who use an air fryer
Elizabeth Redmond

Sweets and Candy Distribution in School: A Cross-Sectional Study among Ultra-Orthodox Teachers in Israel
Rinat Avraham

A Self-Determination Theory Perspective on Psychedelic Integration and Health Behavior Change
Marcela Ohlgart

Sources of self-efficacy and adherence to injury-preventive behaviors in athletes
Alexis Ruffault

Poster Session Digital Interventions to Change Behaviours

Chair: Robert Edgren

Room: Christiaan Barnard Foyer

Digital Interventions for Youth Vaping Cessation: A Systematic Review of RCTs

Eleana Lamprou

Designing personalisation: A systematic scoping review of user involvement and decision-making in personalised lifestyle interventions

Ece Şekerli

Evaluation of a digitally supported multimodal care model for severe menstrual pain: the MeMaF study

Stefanie Lysk

Co-creating a technology-supported intervention to promote healthy and sustainable eating among Dutch practical education students

Madelief Engels

'E-diary helped reduce snacking!' Experiences of intervention fidelity and unintended effects of habit degradation intervention

Robert Edgren

A mixed-method evaluation of the Playground Heroes Program to promote positive bystander behavior to racist-bullying

Karen Sieben-Adufal

11:00 - 11:30 Coffee break

11:30 - 13:00 Orals, Symposia & SOTA

Symposium Trust, Acceptance, and Use of Digital and AI-Based Health

Technologies: A Health Psychology Perspective

Chair: Chiara Guglielmetti

Room: Hermes

11:30 Introduction

Chiara Guglielmetti

11:45 Activating Patients in Digital Heart Failure Care: Longitudinal Evidence from a Telemonitoring Study

Chiara Guglielmetti

12:00 How AI Communication Style and Illness Severity Shape Patient Trust and Willingness to Use

Serena Petrocchi

Online 12:15 Just-in-time support for healthy eating: Feasibility, user experience, and implications for AI-driven interventions

Laura Winkens

Online 12:30 Are LLMs Psychometrically Plausible Respondents? Trust and Representation in AI-Generated Health Self-Reports

Alessandra Gorini

12:45 Discussion

Alessandra Gorini

Oral Session Psychological Adaptation in Long-term Health Conditions

Chair: Sotia Nestoros

Room: Sophia

11:30 Daily associations between physical activity, outdoor light exposure, and sleep during chemotherapy

Alexander Haussmann

11:45 Fear of Cardiac Disease Recurrence and Progression

Sarah Tomoyo Clarke

12:00 Illness representation and health anxiety in patients with mitral valve prolapse

Orsolya Papp-Zipernovszky

12:15 Understanding characteristics of pain-processing subgroups in people with chronic low back pain

Lea O. Wilhelm

12:30 Illness representations and dyadic coping in female cancer couples: The moderating role of communication
Maria Vasilopoulou

12:45 Fatigue dimensions and dynamics: a mixed methods study with people with multiple sclerosis
Daniel Powell

Symposium How researchers, decision-makers, and prevention stakeholders design school-based interventions for health promotion in nutrition?

Chair: Florence Cousson-Gélie

Room: Corallino

11:30 Health Promotion: Policy issues. The Example of the French Ten-Year Cancer Control Strategy
Anne-Fleur Guillemin

11:45 Interventions for Health Promotion: Practical and theoretical issues, the example of a cancer prevention center
Florence Cousson-Gélie

12:00 Epidaure Market: Development of a theory-driven health psychology intervention on sustainable food for adolescents
Florian Lecêtre

12:15 Effectiveness of Epidaure Market: results from a cluster-randomized trial on food choice motivation
Aurélie Curnier

12:30 The Great Live and Move Challenge: results from a two-year cluster-randomized trial on physical activity
Mathieu Gourlan

12:45 Discussion
Marie Johnston

Symposium Embodiment and women's health across cultural contexts

Chair: Irina Todorova and Yael Benyamini

Room: Aphrodite A

Online 11:30 Gendered Stress, Embodied Minds: Associations between the Burden of Sexism and Cognition
Sandra P Arévalo

11:45 Autonomic dysregulation links childhood trauma to pain and health risks in women
Eleonora C. V. Costa

12:00 Women's confidence in their body's ability to give birth: Conceptualization and instrument development and validation
Yael Benyamini

Online 12:15 Women's embodiment and self-objectification in context of eating disorder symptoms in Croatia and North Macedonia
Alessandra Pokrajac-Bulian

12:30 Embodied experiences and restricted spaces: Puerto Rican women's perceptions during COVID-19 pandemic
Irina Todorova

12:45 Discussion
Konstadina Griva

Oral Session Digital tools and well-being

Chair: Olga Perski

Room: Aphrodite B

Online 11:30 Machine learning for personalised digital mental health support: Insights from real-world Employee Assistance Programme data
Gillian Cameron

11:45 Pregnancy apps enhance health literacy through emotional and social pathways: a Bayesian network study
Hanne Spelt

- 12:00 From needs analysis to co-design: a community-based digital app for social connectedness in older adults
Sabrina Cipolletta
- 12:15 Digital Compassion: How a REDCap Platform Transformed Access to Hardship Support in the NHS
Anne L. Stagg
- Online 12:30 Unmet Expectations in AI Companionship and Mental-Health Chatbots: A MATA analysis of User Reviews
Cristina Quinones
- 12:45 Habitual Control of Smartphone Use: Evidence from a Decoy App Paradigm
Tim van Timmeren

SOTA Session Complexity in behaviour change: interventions and their reporting

Chair: Frank Doyle

Room: Christian Barnard

- 11:30 A complex systems frame for understanding and shaping health behaviour change
Matti Heino
- 12:15 Uncovering Vaccination Readiness Profiles through Exploratory Clustering: Risk-Benefit Weighting as a Primary Separator
Lorenz Eckhard
- 12:30 'High-certainty' but low integrity? Low research integrity ratings in e-cigarette intervention studies for smoking cessation
Frank Doyle

Oral Session Motivation, Identity, and Mental Health Dynamics Across the Lifespan

Chair: Theodora Vlad

Room: Athena

- 11:30 How do overall identity and mental well-being develop and interrelate in adulthood?
Liinu Marin
- Online 11:45 Implications of Long-Term Sexual Activity Trajectories for Individual and Relational Well-Being in Romantic Couples
Michelle Roth
- 12:00 Advancing physical activity motivation theory with and for people experiencing mental ill-health and neurodivergence
Amanda Rebar
- 12:15 Developing an integrative framework of goal flexibility and mental health: a systematic review and meta-analysis
Timothy Budden
- 12:30 Mental Health and Fear of Cancer Recurrence within the Cancer Survivor-Caregiver Dyads: A SEM Meta-Analysis
Teodora Vlad
- 12:45 Latent Trajectories of Mental Health Across the Course of the COVID-19 Pandemic in the UK
Keenan Ramsey

Symposium Advancing health psychology through heart rate variability: An integrative perspective on autonomic functioning and behavior

Chair: Katharina Salo

Room: Leda

- 11:30 What happens around unhealthy eating? Stress, affect, and heart rate variability in daily life
Carole Lynn Rüttimann
- 11:45 Moving less when stressed? Perceived stress, heart rate variability and physical activity in daily life
Melanie Bamert
- 12:00 Are individual differences in psychological stress reactivity associated with nocturnal heart rate variability?
Katharina Salo

- 12:15 Effectiveness of a heart rate variability-triggered box breathing intervention on psychophysiological and work-related outcomes
Regina Franziska Schmid
- 12:30 Slow-paced breathing and body-brain coupling: Pelvic contractions modulate cardiac-brain dynamics linked to emotion regulation
Josef Tatschl
- 12:45 Discussion
Anne Milek

13:00 - 14:30 EHPS Annual General Meeting
Room: Akamas

13:00 - 14:30 Lunch

14:30 - 16:00 Orals, Symposia & SOTA

Oral Session Eating behaviour, habits and body-related well-being
Chair: Angelos Kassianos
Room: Hermes

- 14:30 Associations between children's food rejection and parental feeding styles: longitudinal data
Ilse van Lier
- 14:45 Associations between tactile sensitivity, tactile appreciation, and food rejections in preschool-aged children: a longitudinal study
Anouk van den Brand
- 15:00 The Influence of Positive Reinforcement, Negative Reinforcement and Exposure on Children's Food Intake and Liking
Britt Fleischeuer
- 15:15 Evaluation of an evidence-based podcast episode to improve body image and mood among millennial women
Sharon Haywood
- 15:30 Designing and validating a game-based paradigm for habit research
Chao Zhang

Oral Session Health, trust, and complex decisions
Chair: Justin Pesseau
Room: Sophia

- 14:30 Strategies to build, rebuild, and maintain trust in healthcare: Cross-disciplinary scoping review of 327 studies
Justin Pesseau
- 14:45 UK transplant clinicians' perspectives on liver transplantation for severe alcoholic hepatitis: A reflexive thematic analysis.
Eleni Vangeli
- 15:00 Signals on vaccination concerns: social listening via local public health professionals
Masha Zee
- 15:15 Promotion of immune health among European citizens: exploring socio-cognitive factors across different environmental risks
Rita Luz
- 15:30 From crisis moves to planning ahead: Co-producing tool for older adults' everyday care and support
Lucy Halamova
- Online 15:45 Health Worry, Emotion Regulation, and Cancer Screening Intentions: The Age-Related Moderating Role of Expressive Suppression
Daniela Lemmo

Symposium Fresh from the press: New developments in the practice of conceptual clarification
Chair: Sarah Stutterheim
Room: Corallino

- 14:30 Do we know what we're talking about? An exploration of hidden heterogeneity in the wild
Gjalt-Jorn Peters
- 14:45 From text to concept: A hybrid approach to understanding pain-related fear
Julie Dendauw
- 15:00 Why are we asking this? Towards clarity on purposes of self-report questionnaires
Maya Braun
- 15:15 From conceptualization to operationalization: Lessons from research on cognitive and social engagement in activities
Giselle Menting
- 15:30 Discussion
Talea Cornelius

Oral Session AI, digital tools, and remote health interventions
Chair: Vasilis S. Vasiliou
Room: Aphrodite A

- 14:30 A Systematic Review of the Use of Artificial Intelligence in Mental Health-Based Diabetes Care
Anna Serlachius
- 14:45 Factors Driving Usage of a Guided Web-Based Therapy for Long-Term Conditions
Christina Joanne Pearce
- 15:00 Agents of ChAIInge: Expert perspectives on designing LLM-based conversational agents for chronic care interventions
Martha Kreuzberg
- 15:15 Barrier and Facilitator Analysis, and Implementation Plan Development for AI Assistants in Radiotherapy Workflows
Fre Behets
- 15:30 Adapting Behaviour Change Interventions for Remote Delivery: Implications for Implementation and Intervention Fidelity
Ella Howes
- 15:45 Effects of augmented reality technology on vigorous intermittent lifestyle physical activity (VILPA): A feasibility study
Jonathan Bird

Symposium Understanding behavior change as a dynamic process through intensive longitudinal data
Chair: Darko Jekauc
Room: Aphrodite B

- 14:30 Intention and Habit as Dynamic Predictors of Physical Activity: A Smartphone-Based EMA Study
Jakob Hedin
- 14:45 Anticipated affect as a predictor of physical activity attendance and the mediating role of intention
Milana D'Agostino
- Online 15:00 The role of stress in the formation and implementation of dietary intentions in daily life
Matthias Aulbach
- 15:15 The dynamic intention-behaviour gap: meta-analytic evidence from intensive longitudinal studies in physical activity
Yifei Wang
- 15:30 Balancing burden and compliance in intensive longitudinal studies: A meta-analysis of stress-health behavior research
Jennifer Inauen

15:45 Discussion
Darko Jekauc and Jens Bleichert

SOTA Session Innovative methods, approaches, and tools

Chair: Robert West
Room: Christian Barnard

14:30 Can LLMs Perform Theory-Driven Coding of Interviews? Comparing AI and Human Performance in Qualitative Research
Sumit Mehra

15:15 A human-centred evaluation of AI (LDA, BERTopic, 3 LLMs) for textual analysis - GRACE
Paulina Bondaronek

Online 15:30 The importance of caregiver involvement in choosing and refining appropriate tools for childhood obesity research
Karen Matvienko-Sikar

15:45 Attentional biases toward health-threat stimuli: Eye-tracking evidence from a dot-probe paradigm
Athina Manoli

Symposium Nothing about us without us - involving LGBTQIA+ persons in research and intervention development

Chair: Anne van Dongen
Room: Athena

14:30 The intersection between trans*-identity and migrant background: barriers and facilitators to healthcare in The Netherlands
Hanne Zimmermann

14:45 Exploring needs and wishes of transgender and gender diverse individuals for gender-related eMental health interventions
Tessa Dekkers

15:00 Queer-EMH – Participatory Research to Create a Psychosocial eMental Health Intervention for the LGBTQIA+ Community
Ana Tibubos

15:15 HIV/STI Prevention Patterns and Sexual Well-being Among Trans and Non-binary Populations in Europe
Liana Aphami

15:30 Popular, but is it valid? Comparing psychometric and cognitive validation approaches in STI decision-making research
Thomas Gültzow

15:45 Discussion
Chantal den Daas

Symposium Mindset interventions in health and healthcare: Digital applications and beyond

Chair: Alia Crum and Lauren Heathcote
Room: Leda

14:30 Harnessing mindsets in 21st century healthcare
Alia Crum

14:45 Changing mindsets to improve whole-person health in patients with early-stage cancer receiving systemic treatment
Chiara Gasteiger

15:00 Changing body mindsets: A randomised controlled trial in childhood and young adult cancer survivors
Lauren Heathcote

15:15 Changing mindsets about physical symptoms: A series of randomised controlled trials
Rachael Yelder

15:30 Implementing remote biomarker collection in decentralized digital intervention trials: Methods and practical solutions
Lexi Straube

15:45 Discussion
Alia Crum

16:00 - 16:30 Coffee break

16:30 - 17:30 Spotlight Talks

ECR Session Reproductive, sexual, and perinatal health

Chair: Noemi Lorbeer and Theresa Frohn

Room: Sophia

16:30 Anticipated stigma and cultural norms in endometriosis diagnostic delay among sexual orientation minority individuals
Ellen Frost

16:40 Exploring young women's interpretation and engagement with digital cervical screening information: A mixed methods study.
Panagiota Kalou

16:50 A Dyadic Perspective on Gestational Diabetes: Women's and Partners' Experiences
Fay O'Donoghue

17:00 Understanding sexually transmitted infection (STI) testing among young people in Ireland
Alana Powell

Online 17:10 Early Parental Distress After Neonatal Intensive Care Unit (NICU) Admission: Gender Differences and Protective Factors
Raquel Bertaccini

ECR Session Vulnerability, adversity, and well-being

Chair: Seraina Lerch and Vivien Hajak

Room: Corallino

16:30 Effects of childhood trauma on executive function, impulsivity, rumination and worry: an umbrella review
Sophie Höfels

16:40 Coping after critical illness: Exploring associations between coping and physical, psychological, cognitive and social impairments
Naira Ruch

16:50 Virtual reality nature exposure for emotional regulation in incarcerated individuals and correctional staff
Gianluca Bianchi

17:00 Prosthetic Embodiment in Daily Life: Cognitive Load and Resilience after Transfemoral Amputation
Maria Del Carmen Cortes-Molina

17:10 Danish college students' perceptions and attitudes of intimate partner violence
Christina Mandrup Jäderholm

ECR Session Living with (chronic) health conditions

Chair: Lea Wilhelm and Melanie Bamert

Room: Aphrodite A

16:30 Modifiable Lifestyle behaviours in Barrett's oesophagus: A scoping review of prevalence, variation, and lived experience.
Diana Cooke

16:40 Barriers and enablers to capsule sponge testing for targeted Barrett's Oesophagus screening: a qualitative study.
Ninian Schmeising-Barnes

16:50 A behaviourally informed systematic review of pharmaceutical-led patient support for individuals with cancer
Lorelei Boston

17:00 A Randomised Controlled Trial of a Psychological Intervention for Children with Coeliac Disease
Rachel Francois

17:10 Identifying barriers and facilitator for home haemodialysis: A qualitative study
Aine Earley

ECR Session Mental health and behaviour

Chair: Ann-Kathrin Sowa and Abdulmalik Olaosebikan

Room: Aphrodite B

- 16:30 Beyond the barriers: Informing the development of a digital tool promoting men's mental health help-seeking
Bastian Berghändler
- 16:40 Feeling the pressure: AI anxiety and emotional creativity among early-career researchers
Cen Cong
- Online 16:50 A group-based prevention program fostering mental health and physical activity: Session-level mechanisms and program-level outcomes
Mareike Röttger
- Online 17:00 Does negative affect increase craving? Evidence from two EMA samples
Živa Krajnc
- 17:10 Menstrual Distress as a Domain-Specific Psychological Burden: Development of the Distress Related to Menstruation Scale
Julia Kluska

ECR Session Challenges in care provision and health promotion

Chair: Carolina Silva and Maiara Moreto

Room: Christian Barnard

- 16:30 Support needs of clinicians in pediatric or adult congenital heart care: a trinational qualitative study
Julia Baenziger
- 16:40 Gender Bias and Sexual Diversity as Practical Challenges in Nursing Education: Perspectives of Nursing Academics
Laura Rodríguez-González
- 16:50 Integrating digital and community-based approaches for social connectedness in older adults: a randomised controlled trial
Valentina Rossi
- Online 17:00 The role of attachment styles in cultural competence and caring behavior in post-stroke nursing
Valeriya Huendgen
- 17:10 Medically misogynistic interactions with healthcare professionals: the impact on women's relationships with the healthcare system
Jillian Gash

ECR Session Pathways to Health: From Understanding to Intervening

Chair: Laura Gördes and Tenelle Maroney

Room: Athena

- 16:30 Behavioral pathways to health: Reducing wasting and stunting in Afghanistan through behavior change interventions
Tugce Varol
- 16:40 Beyond the family: a critical health psychology perspective on intergenerational health inequality
Klaske Tiemstra
- 16:50 Learning habits: Bridging educational and health psychology
Ann-Kathrin Krause
- 17:00 How effective are Credible Sources in changing physical activity behaviour?
Jack Hamer
- 17:10 Understanding What Moves Cancer Survivors: Determinants of Physical Activity from Evidence and Lived Experience
Emma Tack

ECR Session Food, diet, and eating behaviour

Chair: Alice Seffen and Jessica Schiller

Room: Leda

16:30 Mapping operationalizations and measures of the momentary food environment
Nourat Alazza

16:40 Mapping the Landscape of Meat Consumption: Psychological and Socioeconomic Drivers for Tailored Interventions
Isabelle Carsana

Online 16:50 Post-Stress Snack Intake and Short-Term Affective Recovery: Moderation by Emotional Eating and Emotion Regulation Difficulties
Yanyuan Wang

17:00 A missed opportunity: people do not perceive that UK food-based dietary guidelines communicate sustainable diets
Maddie Sinclair

17:10 The healthy=sustainable heuristic: scope of the effect and the role of knowledge
Katharina Eichin

17:20 Reactance and overcompensation in response to dietary policies explored at a fake food buffet
Jessica Schiller

17:30 - 18:30 Using AI to Analyze Patient Voice and Hospital Listening: Insights into Patient Safety
Chair: Gozde Ozakinci
Room: Akamas

17:30 Using AI to analyze patient voice and hospital listening: insights into patient safety
Alex Gillespie

18:30 - 19:30 Active Networks Event
Room: Christian Barnard Foyer

Thursday, 03 Sep

9:00 - 10:00 Short Orals, Roundtables

Oral Session Clinicians and patient experiences: Insights into real-world healthcare

Chair: Vasilis S. Vasiliou

Room: Hermes

Online 9:00 Pregnancy smoking cessation: healthcare providers practices and patient experiences
Camille Auriol

9:10 From Determinants to Recommendations: Applying the Behaviour Change Technique Ontology to Improve Clinicians' Glucocorticoid Toxicity Assessment
Vasilis Vasiliou

9:20 Do brands matter? Healthcare professionals' beliefs and responses to oral cancer treatment brand switching
Rebecca Todd

9:30 Patient-reported usability of three shared decision-making questionnaires in oncology care
Claudia Offermann

9:40 Black Caribbean men's views towards testing for prostate cancer. A Qualitative Study
Stephen McIntosh

Online 9:50 Navigating menstruation in university: experiences and concealment strategies
Kitso Setswe

Oral Session Digital Health, Information Seeking, and Hybrid Work

Chair: Cristina Godinho

Room: Sophia

9:00 Co-creating patient information materials about artificial intelligence in healthcare
Sara Soriano Longarón

9:10 Conceptualizing autonomy in online health information seeking: pathways to attitudes and medical interventions avoidance
Yadviga Sinyavskaya

9:20 Barriers to implementing recommendations for higher-quality remote and hybrid work: Interview study among employees
Elina Renko

Online 9:30 Online health-seeking behaviour in relation to sexual and reproductive health among female university students
Rizwana Roomaney

Online 9:40 Designing Better Hybrid Work: A Behaviour-Change Approach to Improving Basic Psychological Needs, Safety, and Productivity
Nelli Hankonen

Oral Session Research to Inform the Design of Behaviour Change Interventions

Chair: Ron Borland

Room: Corallino

9:00 Behavior Change Techniques and Theories in Digital Interventions for Physical Activity and Nutrition: Scoping Review
Valerie Wandres

9:10 Effective engagement features of digital health interventions for youth via intermediaries: a systematic review
Rayéla Haegdorens

- 9:20 Stakeholder Involvement in Digital Health Interventions Development for Youth: A Systematic Review
Zhanna van Loenen-Sarukhanyan
- 9:30 Co-creating 'Cook Healthy, Eat Well' (CHEW): Development of a healthy eating toolkit for food-insecure adults
Abigail Stephen
- 9:40 From story to impact: A quality framework for digital storytelling for behavior change
Irina Catrinel Craciun
- 9:50 A task-oriented approach to characterising the components of effective behaviour change
Ron Borland

Roundtable Consultancy in Health Psychology: an interactive panel discussion

Chair: Daniella Watson

Room: Aphrodite A

- 9:00 Consultancy in Health Psychology: an interactive panel discussion
Daniella Watson, Lucie Byrne-Davis, Jo Hart, Marie Johnston, Evangelos Karademas

Oral Session Stress, physiological mechanisms, and health

Chair: Georgia Panayiotou

Room: Aphrodite B

- 9:00 Does nature work digitally? Effects of real and virtual nature exposure on sleep and emotions
Constance Karing
- Online 9:10 Patient health engagement as a mediator of the stress-symptom association in inflammatory bowel disease self-management
Dilara Usta
- 9:20 Quietly measuring brain mechanisms of interoception for mental health research in cancer: a pilot study
Christina Kampourelis
- Online 9:30 Brain physiology indicators to classify the risk towards comorbidity in mental disorders
Rita Pasion
- 9:40 Patient-staff concordance in anxiety and depression during radiotherapy: the moderating role of perceived social support.
Yuval Shoef

Roundtable Modelling the dynamics of habit: Theory, computation, and adaptive intervention

Chair: Amanda Rebar

Room: Christian Barnard

- 9:00 Modelling the dynamics of habit: Theory, computation, and adaptive intervention
Amanda Rebar, Benjamin Gardner, Chao Zhang, Harvey Wang

Roundtable Debate: This house believes health psychology researchers should embrace Large Language Models for qualitative analysis

Chair: Felix Naughton

Room: Athena

- 9:00 Debate: This house believes health psychology researchers should embrace Large Language Models for qualitative analysis
Felix Naughton, Paulina Paulina Bondaronek, Robert West, Sumit Mehra, Thomas Gultzow

Oral Session From CBT to Virtual Reality: New Directions in Psychosocial Oncology

Chair: Gozde Ozakinci

Room: Leda

- 9:00 Online Group CBT for Body Image in Breast Cancer Survivors: A Randomised Feasibility Trial
Helena Lewis-Smith
- 9:10 ADIE-BC - Aligning Dimensions of Interoceptive Experience after Breast Cancer: A Pilot Clinical Trial
Georgina Lockwood-Taylor

- Online 9:20 Tumour outpatient follow-up through video-based value-oriented behavioural activation (ViVA): Results from a randomised controlled trial
Maren Reder
- 9:30 Improving the patient experience: virtual reality for reducing stress during breast cancer screening
Anat Laronne
- 9:40 Models and Practices of Psychosocial Oncology Care Provision in EU countries: A Scoping Review
Veronica Hadjipanayi
- 9:50 Acceptance and commitment therapy versus meaning restoration: A multiple-baseline experimental case study in cancer patients
Aleksandra Kroemeke

10:00 - 11:00 Posters

Poster Session Gender, Intersectionality, and Health Inequalities

Chair: Esther Metting

Room: Christiaan Barnard Foyer

From Risk to Presence: Cultural and Media-Related Determinants of Orthorexia Nervosa in Female Football Players
Wiktoria Staśkiewicz-Bartecka

Experience in close relationships and self-objectification as predictors of eating disorders
Dimitrinka Jordanova Peshevska

Bhāva and Rasa as Forms of Spiritual Resilience: Embodied Devotion and Transformation through Durgā Saptasatī
Vineet Gairola

Bridging Cognitive Security and Mental Health in the Age of Identitarian Attacks
Eva Klusova

Online Do Self-Care Practices Predict Quality of Life in Brazilian Adults with Sickle Cell Disease?
Eduardo Remor

Poster Session Adapting to climate change and performing pro-environmental behaviors

Chair: Benjamin Schüz

Room: Christiaan Barnard Foyer

Promoting Heat Resilience among Older Adults through Group-Based Arts
Aryana Mohammed

Physical Activity During Heatwaves in Nursing Home Residents: An Ambulatory Study
Katja Cepлак

Climate change in rural areas: psychosocial and health impact
Evy van Gestel

The greenhouse gas emissions of psychological conferences and what we can do about it
Lisa Marie Warner

Climate change perceptions and health-related behaviors: A construal level theory approach
Julie Tournikian

Health and environmental goals as joint drivers of behavior
Gabriel Nudelman

Promoting Sustainable Diets: Does Asking About Alternative Protein Intake Affect Intentions and Consumption?
Natalia Paduszynska

Food Environment Policies as Potential Drivers of Alternative Protein Food Intake: Food System Stakeholders' Perspective
Gabriela Sorsa

Choose your own energy adventure!: the second wave of the MAI-HOME kitchen table interviews
Maud de Groot

Poster Session Healthy Ageing: New directions in research, intervention, and measurement

Chair: Chrysanthi Leonidou

Room: Christiaan Barnard Foyer

The role of health indicators in predicting driving self restriction among older adults
Aukse Endriulaitiene

Barriers and facilitators to engaging with hearing assessments for people with dementia
Hannah Cross

Cognitive reserve estimation based on longitudinal changes of cognition and behavior
Matěj Seifert

Online Self-Rated Health as an Independent Predictor of Mortality: Exploring Psychosocial Mechanisms
Nijolė Goštautaitė Midttun

Acceptability and feasibility of a workbook to encourage older adults to perform meaningful activities
Koji Takenaka

How should we measure loneliness in older adults? A comparison of single- and multi-item measures
Kevin McKee

Poster Session Challenges in work and the workplace

Chair: Maria Karekla

Room: Christiaan Barnard Foyer

“e EU elikto”: A Self-Help Digital Stress Management Tool for Frontline Healthcare Professionals
Evangelos C. Karademas

Israeli nurses' experiences in breast cancer surgery preparation
Tsipi Hanalis-Miller

Online Gendered Ageism In The Workplace: Study Of Protective Factors And Consequences For Older Women
Anna Rosa Donizzetti

Personal Outcomes of Workaholism: Meta-Analytic Results
Modesta Morkevičiūtė

BIS/BAS Temperament, Dark Triad Components, and Workaholism: Implications for Health Psychology
Patrycja Stawiarska

A network analysis of sleep, work-related risk factors, and mental health symptoms
Marika Kontturi

Poster Session From Risk to Behaviour: Mechanisms of Health, Symptoms, and Self-Management

Chair: George Koulterakis

Room: Christiaan Barnard Foyer

Lifestyle determinants, morbidity and mortality in individuals with multiple chronic diseases: the LifeMeds cohort study
Meeke Hoedjes

Understanding persistent symptoms after cancer: an experimental predictive-processing approach
Abigail Smakowski

The Role of Threat in Breathlessness Perception in Healthy Individuals and People Living with Asthma
Nathan Healey

Health Literacy and Self-Management in People Living With and After Prostate Cancer: Preliminary Quantitative Results
Sarah Sheehan

Development and implementation of a model of service delivery for the management of hip/knee osteoarthritis
Alexandre Moniz

Poster Session Chronic Illness, and caregiving: Psychosocial Adaptation and Protective Factors

Chair: Eleni Epiphaniou
 Room: Christiaan Barnard Foyer

Prevalence, predictors and outcomes of modifiable risk factors among kidney transplant candidates
Francisca Cabezas

Psychosocial adaptation in families of children with rare diseases: a systematic review and best-fit-framework-synthesis
Sarah A. Jenny

Exploring Chronic Pain Narratives: Meaning Making and Its Relation to Psychological Wellbeing
Maria Symela Chalkidou

Social Support Exchange and Relationship Satisfaction Among Couples Living With HIV
Barbara Sosińska

Online Adolescents' Perceptions of Social Support and Help-Seeking in Offline and Online Contexts.
Tamara Selecka

Beyond the patient: Psychosocial support for family members affected by developmental and epileptic encephalopathies
Maddison Smith

Loss, grief, and changed everyday life among informal caregivers of people with traumatic disabilities
Sophie Lykkegaard Ravn

Poster Session Research in Health Behaviours and Behaviour Change

Chair: Nuno Ferreira
 Room: Christiaan Barnard Foyer

Online Network Analysis of Social Networking Addiction Using the Japanese Version of the SNAS (SNAS-J)
Yoshikazu Fukui

Translating meaningful lived experience contributions into clinical trial design: development of ADIE BC
Cindy Chan

Online Development of Ontology in Health Behavior Research: A Cumulative Synthetic Framework of Methodologies
Stephanie Meriaux-Scoffier

Supporting Behaviour Change in Families: Healthcare Professionals' Barriers and Facilitators in Lifestyle Interventions
Pomme van Maarschalkerweerd

Determinants to Sustainment of Health Initiatives in Community and Clinical Settings: An Umbrella Review
William Pascoe

Exploring the determinants of (sustainable) lifestyle change in multimorbid individuals: insights from semi-structured interviews
Bo Brummel

Online Stigma of pregnant smokers and healthcare providers' practices.
Deborah Loyal

Poster Session Risk factors and Consequences in Mental Health

Chair: Ewa Gruszczyńska
 Room: Christiaan Barnard Foyer

Societal worries and mental health in adolescents: Does gender play a role?
Mária Lesičková

From self-blame to self-compassion: A longitudinal qualitative study of bullied adolescents' inner voice
Eleni Andreou

Online Rethinking Youth Mental Health in Times of Societal Disruption: A Transdiagnostic and Contextual Perspective
Irena Bolko

A Computational Exploration of Optimism and Pessimism in Online Discourse of Individuals with Depression
Liviu Dinu

Self-report questionnaire to assess executive functions: the Executive Functions in Healthy Adults Questionnaire (EFHAQ)
Ines Pfeffer

Online Examination of stimulant use and cardiovascular diseases in middle-aged women with ADHD in Primary Care
Mélanie Joanisse

Online Exploring Embodiment and Self-Objectification Across Different Levels of Eating Disorder Symptoms
Marija Miletic

Remapping peripersonal space through tool-based and movement training in virtual reality
Christodoula Gavriel

Body Image Distortions, Estimation Accuracy of Own, Others', and Objects' Figure, and Psychological Flexibility.
Dafni Kyriakou

Poster Session Stress, Life Stressors, and Psychosocial Adaptation at Various Settings and Across the Lifespan

Chair: Evangelos Karademas

Room: Christiaan Barnard Foyer

The relationship between self-stigma and quality of life in women with generalised anxiety disorder
Ellina Glebova

Online Alpine Vacations and Self-Reported Health Parameters
Martin Kopp

Online ADHD symptoms and romantic relationship outcomes in couples: The moderating role of empathy
Maya Tzur

Online Maternal psychological stress during the perinatal period: A scoping review of patient-reported outcome measures
Andri Christoforou

Online Disordered Eating Patterns in Pregnancy: Assessing Cognitive Restraint, Uncontrolled Eating, and Emotional Eating
Erika Gibé

Spirituality in the life and work of wellbeing and psychosocial support professionals
Inguna Rubene

Ethical Dimensions of Assistive Technologies for People Living with Dementia: An Overview of Review Evidence
Melina Evripidou

Online Minority Stressors and Mental Health in Turkish-Origin Adults in Germany: The Role of Coping Strategies
Laura Scholaske

Suicidal Outcomes in Mental Health Nurses: Systematic Review of Prevalence, Risk Factors and Support Mechanisms
Elizabeth Davies

Online Resilience in Undergraduate Paramedic Education: A Systematic Mixed-methods Review
Anatoli Karypidou

A Prospective Study of Psychological and Behavioral Changes Following Naturalistic Psychedelic Use
Pedro J. Teixeira

Trauma Exposure, Body Awareness, and Marital Satisfaction: A Comparative Study of Victims and Non-Victims
Eleonora C. V. Costa

11:00 - 11:30 Coffee break

11:30 - 13:00 Orals, Symposia & SOTA

Oral Session Communication, risk and behaviour

Chair: Aurelie Gauchet

Room: Hermes

- 11:30 Shame and Empathy Appeals in Binge-Drinking Communication: Effects on Perceived Message Effectiveness and Mental Well-Being
Spela Dolinsek
- 11:45 Promoting moderation of risky drinking: a protective behavioral strategy to reduce students' alcohol drinking quantity
Maëlle Fleury
- 12:00 Beyond awareness: shifting determinants of sexual behavior following new chlamydia testing guidelines in the Netherlands
Ilja van Bergen
- 12:15 Perceived illness seriousness influences side-effect expectations and the experience of side-effects to placebo vaccines
Monika Heller
- 12:30 Comparative effects of four educational materials on cancer prevention beliefs, information overload and behavioral intentions
Mona Illmann
- 12:45 Risk, Heuristics, and Uncertainty in Potentially Inappropriate Prescribing for Older Patients
Martin Zielina

Oral Session Individual differences in different health contexts

Chair: Sabrina Cipolletta

Room: Sophia

- Online 11:30 Decisional balance profiles across multiple health-promoting behaviors in adults with ADHD: a person-centered approach
Meggy Hayotte
- 11:45 Feeling healthier than you are predicts hospital use in later life: A prospective cohort study
Bill Calvey
- Online 12:00 The interplay between personality traits, subjective health and mental well-being across midlife: A network analysis
Johanna Ahola
- 12:15 Motivation and adherence in a digital prevention program: a longitudinal quasi-experimental study
Benedikt Broda
- Online 12:30 Personalized Communication Model for Inherited Cardiovascular Risk: Lessons from Romania
Bianca Cucos

Symposium Behaviour Change and Equity in Climate Action: Advancing Evidence, Big Team Science, and Collaboration

Chair: Vasiliki Christodoulou

Room: Corallino

- 11:30 Introduction
Vasiliki Christodoulou
- 11:45 Synthesising Behavioural Interventions for Climate Action: An umbrella review
Gizem Öztürk
- 12:00 Leaving No One Behind? Reviewing Equity, Diversity and Inclusion in Pro-environmental Behaviour Change Interventions
Vasiliki Christodoulou
- 12:15 Nature as a climate-resilient health resource: Behavioural profiles of nature engagement and mental health
Aija Ozola

12:30 A Big Team Science Approach for Climate Change - Mental Health Nexus
Biljana Gjoneska

12:45 Panel discussion and activity
Vasiliki Christodoulou and Biljana Gjoneska

Symposium Health Behavior in Close Relationships: Moderation, Mechanisms, and Heterogeneity

Chair: Patrick S. Höhener

Room: Aphrodite A

11:30 Does Daily Persuasion Reduce or Elicit Reactance? It Depends on the Dyadic Context!
Pascal Küng

11:45 Social control, relationship satisfaction and sedentary behavior in parent-child dyads: longitudinal perspectives
Maria Siwa

12:00 Two hearts under pressure: Dyadic stress and emotional well-being in couples with spinal cord injury
Simone Lüthi

12:15 Investigating the heterogeneity in the volitional determinants of the dyadic Health Action Process Approach
Patrick S. Höhener

Online 12:30 Inter-coder agreement in the identification of dyadic behavior change techniques (DBCTs) in intervention descriptions
Amelie Spliesgart

12:45 Discussion
Nina Knoll

Symposium Feeling the heat: risk perception and resilience in older adulthood

Chair: Patrick Klaiber and Theresa Pauly

Room: Aphrodite B

11:30 Heat Risk, Perception, and Protection among Adults Aged 50–74
Dominik Daube

11:45 Heat Risk Perception and Coping in Older Adults
Theresa Pauly

12:00 Social Connections- a Protective Factor for Older Adults' Health and Mental Health During Extreme Heat
Rona Zimmerman Bar-Lev

12:15 Stuck in the heat? Temperature, mobility, social contact, and well-being among Hong Kong older adults
Zhixuan (Molly) Lin

12:30 Subjective Age Predicts Heat Risk Perceptions but Not Protective Action
Patrick Klaiber

12:45 Activity
Dwight Tse

SOTA Session Nicotine

Chair: Susan Michie

Room: Christian Barnard

11:30 The New Nicotine: Examining the Predictors Nicotine Use in Young People Across Multiple Nations
Daniel Phipps

12:15 Does Nicotine Replacement Therapy reduce smoking when pregnant people cannot quit abruptly? A within-person analysis
Joanne Emery

12:30 "If you don't vape, it's abnormal": Attitudes towards vaping and becoming nicotine-free in Ireland
Rory Coyne

Oral Session Design and acceptability of AI and digital health interventions

Chair: Timothy Houtman

Room: Athena

11:30 Would you share your internet use data for research on early detection ?
Christina Derksen

Online 11:45 Understanding Young Adults' Acceptance of AI Health Assistants: An Extended Technology Acceptance Model
Ilona McNeill

12:00 Theory-based Design and Acceptability of the tala-med Cardio Fitness Coaching Feature
George Jogho

12:15 Patient informational needs and communication strategies for AI-assisted clinical decision-making: A qualitative study
Simone Mingels

12:30 Using genAI as a design tool to co-create personalized digital depression interventions
Timothy Houtman

12:45 AI supported personal value tailored financial incentives for health promotion: A Randomized Field Experiment
Valentijn Visch

Symposium Understanding and Reducing Health Inequalities

Chair: Christine Emmer and Carolin Marie Callies

Room: Leda

11:30 The roller coaster ride of social inequality: Unraveling intragenerational occupational mobility's within-person impact on health
Carolin Marie Callies

11:45 Promoting healthy and sustainable eating among youth with a practical education background
Marijn Stok

12:00 Inequality at the table: Gendered diet inequality and food allocation norms in rural social networks
Maria Almudena Claassen

12:15 Identifying mediators of intersectional differences in health behaviours: Comparing two regression-based approaches
Benjamin Schüz

Online 12:30 Effectiveness of Self-Stigma-Reducing Interventions for Mental Health: A Meta-Analysis
Christine Emmer

12:45 Discussion
Wendy Hardeman

13:00 - 14:30 Lunch

13:00 - 14:30 Open Science SIG Meeting
Room: Sophia

13:00 - 14:30 Habit SIG Meeting
Room: Corallino

13:00 - 14:30 Digital Health and Computer Tailoring SIG Meeting
Room: Aphrodite A

13:00 - 14:30 Equity, Global Health and Sustainability SIG Meeting
Room: Aphrodite B

13:00 - 14:30 Women's Health SIG Meeting
Room: Christian Barnard

13:00 - 14:30 **LGBTQIA+ research SIG Meeting**
Room: Athena

13:00 - 14:30 **Conceptualization, Formalization and Measurement SIG Meeting**
Room: Leda

14:30 - 16:00 **Orals, Symposia & SOTA**

Oral Session **Occupational stress and health**
Chair: George Koulterakis
Room: Hermes

14:30 Direct and moderating effects of sensory processing sensitivity on work-related stress and motivation
Veronique de Gucht

14:45 Perfectionism and the workplace stressor–health relationship: A daily diary study
Thomas Curran

Online 15:00 Can Health Complaints Lead to More Hindrance and Fewer Challenge Stressors?
Nils D. K. H. Tritzschler

15:15 Moral injury among healthcare professionals: a qualitative analysis across emergency and non-emergency settings
Cornelia Mairean

15:30 Burnout and Occupational Depression in the Job Demands–Performance Relationship: A Comparative Two-Group Mediation Study
Beata Basinska

15:45 Online yoga for desk-based workers: MRC-guided randomised controlled trial of health and work outcomes
Vipin Wadhen

Symposium **From Structural Evidence to Digital Personalization: Behaviour Change Strategies for Healthy and Sustainable Protein Transitions**
Chair: Valentina Carfora
Room: Sophia

Online 14:30 Interventions to reduce meat demand: a systematic review and meta-analysis
Rachel Pechey

Online 14:45 An experimental insight on social influence, masculinity, and meat symbolism
Giulia Scaglioni

Online 15:00 Health Communication and novel foods: enhancing cultured meat acceptance through safety perception
Daniela Caso

15:15 From Bin to Freezer: Applying Protection Motivation Theory to Reduce Meat Waste
Cas Huisman

15:30 Tailoring dietary goals in smartphone interventions: Comparing user-driven and system-driven approaches
Valentina Carfora

15:45 Discussion
Patrizia Catellani

Oral Session **Theory-informed approaches to improving clinical practice**
Chair: Vivi Antonopoulou
Room: Corallino

Online 14:30 Experimentally testing mode of administration of psychoeducation to modify treatment knowledge, beliefs and adherence
Lyndsay Hughes

14:45 Implementation strategies for delivering brief psychological interventions for common mental disorders: a systematic review
Khatia Antia

15:00 Behavioural and implementation influences on commissioning and delivery of integrated physical-mental health care: systematic review
Vivi Antonopoulou

Online 15:15 Developing a TDF-Guided Behaviour Change Intervention for C-Reactive Protein Supported Antibiotic Stewardship in Primary Care
Isil Coklar-Okutkan

Online 15:30 Targeting psychosocial determinants of antibiotic prescribing in primary care: a theory-informed behavioural protocol
Marta Acampora

Symposium Lost in translation? Building shared understanding with ontologies and terminologies in the health psychology
Chair: Marta Marques
Room: Aphrodite A

Online 14:30 Ontology-Driven Evidence Synthesis for Scalable Digital Physical Activity Interventions
John O'Neill

14:45 Classifying and recording physical activity behaviours using an ontology
Carolina C. Silva

Online 15:00 Mapping the GLA:D BACK Self-Management Adherence and Competence Checklist (SMAC Checklist) to BCIO
Bibi Heiberg

15:15 The GALENOS Data Browser: enabling open access to mental health research data with ontologies
Micaela Santilli

15:30 Improving communication and collaboration in applied global health: A behavioural insights glossary for public health
Paulina Schenk

15:45 Discussion
Olga Perski

Oral Session Social experiences in digital and physical environments, and well-being
Chair: Stephanie Christodoulidou
Room: Aphrodite B

14:30 Problematic Social Media Use and Adolescent Depression, Anxiety, Alcohol Use: Is Parental Monitoring a Moderator?
Lyra Egan

14:45 Longitudinal association between social media alternate account use and psychological well-being in young adults
Xinyi Wang

Online 15:00 Associations of Individual Pornography Use with Relationship Quality and Sexual Satisfaction: A Systematic Review
Aikaterini Trempela

15:15 Looking beyond usage: engagement dynamics in a mental well-being intervention
Laura Bijkerk

15:30 Affective Well-Being of Support Providers in Daily Life: Temporal, Recipient, and Modality Effects
Ewa Gruszczynska

15:45 The Role of Basic Need Satisfaction in how you feel after supporting your partner
Vivien Hajak

Symposium Social contexts of physical activity: From dyads and communities to digital ecosystems and policy
Chair: Theda Radtke and Anna Banik
Room: Christian Barnard

14:30 Synchrony of physical activity in everyday life of couples living with spinal cord injury
Johanna Rink

- 14:45 Latent profiles of TPB constructs among inactive parent-child dyads: Associations with physical activity behavior
Keegan Knittle
- 15:00 When planning meets peers: Testing collaborative planning strategies for adolescents' physical activity
Theda Radtke
- 15:15 Fostering social connection to support physical activity: beta testing the co-designed digital platform ConnectUp
Dominika Kwasnicka
- 15:30 Which physical activity policy domains reduce socioeconomic inequalities in weight-related outcomes? An umbrella review
Anna Banik
- 15:45 Discussion
Urte Scholz

Symposium Women's health, men's health – biopsychosocial perspectives
Chair: Yael Benyamini and Irina Todorova
Room: Athena

- 14:30 Assessing women's cardiovascular health risk: role of health Non-Profit Companies (NPCs) in identifying behavioral risk
Pamela Naidoo
- 14:45 Digital health literacy interventions for enhancing cervical cancer prevention among vulnerable women – a meta-analysis
Diana Taut
- Online 15:00 Randomized Controlled Trial of a Midwife-Led Postpartum Debriefing Intervention to Prevent CB-PTSD
Chen Levine
- 15:15 Sex- and Gender-Sensitive Risk Prediction Model of Psychological Distress Following Spinal Cord Injury Rehabilitation
Susanne Ott
- 15:30 Sex-and Gender-Sensitive dynamics in mental health outcomes in individuals with physical impairment: A systematic review
Manuela Valencia
- 15:45 Discussion
Efrat Neter

Oral Session Connected Care: Digital and Social Support Interventions
Chair: Rachael Yelder
Room: Leda

- 14:30 Psychological Flexibility and Internet-Delivered ACT: Improving Quality of Life in Adults Experiencing Persistent Physical Symptoms
Sanna Selinheimo
- 14:45 A healthcare professional-supported digital intervention for fatigue in multiple sclerosis: The process of co-developing "REFUEL-MS"
Sophie Fawson
- 15:00 Nine-month distress reduction benefits of a cancer-specific stress management app: the RESTORE extension trial
Chloe Taub
- 15:15 Patient-initiated follow-up in cancer care and what it means for fear of cancer recurrence
Gozde Ozakinci
- Online 15:30 Effects of a Digital Intervention for Children of Divorce: Mental and Physical Health
Daniel Bach Johnsen

16:00 - 16:30 Coffee break

16:30 - 17:30 Short Orals, Roundtables

Oral Session Pro-environmental behaviors in different contexts

Chair: Lisa Warner

Room: Hermes

- 16:30 Between- and within-person variability in the intention to adopt multiple pro-environmental behaviours among adults
Ann DeSmet
- 16:40 Demographic Influences on Eco-Emotions and Environmental Action in the Netherlands: A Cross-Sectional Study
Alejandro Dominguez Rodriguez
- 16:50 CLIMACTION project: Can subjective norms mediate the relationship between biospheric values and green eating?
Marta Uva
- 17:00 Where there is change, there is resistance: understanding different types of resistance to meat reduction
Sanne Raghoobar
- 17:10 Could smart technology reduce incontinence product waste? An interdisciplinary analysis combining LCA, Materials and Behaviour
Ayşe Lisa Allison

Oral Session Digital Health Innovations: Equity, Access, and Implementation

Chair: Max Western

Room: Sophia

- 16:30 Using Team Science to develop a framework for supporting equity in digital self-management of MLTC
Emily McBride
- Online 16:40 Social Inequities in Digital Health Misinformation: A Scoping Review and New Conceptual Model
Malika Mammadova
- 16:50 Voices that shape care: Using multi-stakeholder insights to develop inclusive eHealth for socioeconomically disadvantaged families
Lea Hohendorf
- 17:00 Mental Health Literacy, Stigma and Help Seeking in Individuals with Pathological Skin Picking
Jennifer Schmidt
- 17:10 Teletherapy: Useful for many but could miss some patients
Amy Wachholtz
- 17:20 When Innovations Meet Employees: A Scoping Review of Resistance During Organizational Implementation
Roniwan Abbas

Roundtable The Future of Inclusive Co-Production in Health Psychology: Frameworks, Emerging Technologies and Critical Challenges

Chair: Sarah Denford

Room: Corallino

- 16:30 The Future of Inclusive Co-Production in Health Psychology: Frameworks, Emerging Technologies and Critical Challenges
Sarah Denford, Atiya Kamal, Alex Martin, Radomir Masaryk, Paulina Bondaronek, Gjalt-Jorn Peters

Oral Session Vaccinations and antibiotics

Chair: Daphne van Wees

Room: Aphrodite A

- 16:30 Between intention and action: maternal hesitancy and rotavirus vaccination uptake in a Dutch cohort study
Daphne van Wees
- 16:40 Sociodemographic and Antimicrobial Resistance-related Belief Determinants of Vaccine Hesitancy and Confidence across Ireland
Caoimhe Shields

- 16:50 Understanding of antibiotic resistance and its implications for health behaviours: a survey and qualitative interviews
Iga Palacz-Poborczyk
- 17:00 Factors Influencing Artificial Intelligence Use in Antimicrobial Stewardship: Systematic Review Using the Theoretical Domains Framework
Massar Dabbous
- 17:10 Infodemic Preparedness Through Social Listening: Understanding (Mis)Information About Measles Vaccination
Kirsten Bisschops

Oral Session Diverse Health and Intervention

Chair: Diana Harcourt

Room: Aphrodite B

- 16:30 The Visible Difference Parenting Toolkit: evaluating an intervention for parents/carers of children with appearance-affecting conditions/injuries
Maia Thornton
- 16:40 Evaluating an ACT-based podcast to support adults with visible differences navigate intimacy and romantic relationships
Emma Waite
- 16:50 Cerina-Cognitive Behavioural Therapy based mobile application for GAD symptoms: A pilot feasibility RCT
Ozlem Eylem-van Bergeijk
- 17:00 Evaluation of resilience-oriented and adherence-focused dyadic interventions among adolescents and mothers living with HIV
Chenxi Wang
- 17:10 From referral to recovery: a health psychology exploration of CBT for bulimia nervosa
Anne-Mairead Folan
- 17:20 Stigma and treatment experiences of GLP-1 weight loss injection users
Sarah-Jane Stewart

Roundtable Towards a shared agenda for multiple behaviour change: Advancing theory, measurement and strategies

Chair: Marta Marques

Room: Christian Barnard

- 16:30 Towards a shared agenda for multiple behaviour change: Advancing theory, measurement and strategies
Justin Presseau, Susan Michie, Theda Radtke, Carolina Silva, Marta Marques, Ann DeSmet

Oral Session Co-Designed and Digital Interventions for Chronic Disease Care

Chair: Wendy Hardeman

Room: Athena

- Online 16:30 A Pilot Randomized Clinical Trial of a Virtual-Reality Psychosocial Intervention for Bone Marrow Transplant Recipients
Hermioni Amonoo
- 16:40 Co-design of a UK online group intervention for managing diabetes distress through emotion regulation
Dr Iliatha Papachristou Nadal
- 16:50 Tracking temporal changes to a behavioural cognitive muscular therapy integrating in-clinic treatment with digital components
Wendy Maltinsky
- Online 17:00 Integrating Digital Support with Theory-Driven Psychosocial Intervention to Improve Psychological Adjustment in Cancer Patients
Gulsen Filazoglu Cokluk
- Online 17:10 Reflections on being a participant of a study on transgender and non-binary people with endometriosis
Cheryl Eder

Oral Session Social Contexts and Behavioural Health

Chair: Anna Banik

Room: Leda

- 16:30 Negotiating cancer care for adults with intellectual disability: A candidacy and stigma analysis
Natalie Gil
- 16:40 How are obesity and overweight represented on TikTok?
Clíodhna O'Connor
- 16:50 An analysis of #Diabetes content on TikTok: representations and stigma
Siobhan Power
- 17:00 Context matters: how public values shape students' decisions of using a university-based mental wellness app
Tonka Milošević
- 17:10 Co-creating an Individualized Social Incentive Intervention to Promote Physical Activity in Patients with Cardiovascular Disease
Linda Breeman
- 17:20 Developing an evidence-based peer-led mall-walking intervention for older adults using participatory insights: The PATH study
Marlene Kritz

17:30 - 18:30 Understanding Heterogeneity in Health Psychology

Chair: Maria Karekla

Room: Akamas

- 17:30 Understanding heterogeneity in health psychology
Gertraud Stadler

20:00 - 22:00 Conference Dinner

We will gather in the lobby of the Venue Hotel from where we will go to the dinner location. Once there, participants will be treated to extensive buffets featuring the finest local specialties, complemented by a selection of drinks.

Friday, 04 Sep

10:00 - 11:00 Short Orals, Roundtables

Roundtable Human-centred design methods for meaningful involvement of people with lived experience across the research lifecycle

Chair: Aleksandra Kustra-Mulder and Marijke Melles

Room: Hermes

10:00 Human-centred design methods for meaningful involvement of people with lived experience across the research lifecycle

Aleksandra Kustra-Mulder, Marijke Melles, Ece Şekerli, Deanne Spek, Merel Van Eick, Abigail Smakowski, Claudia Knowles

Roundtable BEST BEHAVIOUR: Better Evidence Synthesis to Target Behaviour Change in Health & Healthcare

Chair: Ukachukwu Abaraogu

Room: Sophia

10:00 BEST BEHAVIOUR: Better Evidence Synthesis to Target Behaviour Change in Health & Healthcare

Tracy Epton, Jenny McSharry, Ukachukwu Abaraogu, Sarah Rhodes

Oral Session Health and environment: From individual to policy level

Chair: Claudia Teran-Escobar

Room: Corallino

10:00 Factors influencing adaptive behaviours to extreme heat across urban and rural areas: a systematic review

Katrin Brückner

10:10 Handling (or hoping for) heatwaves? Experiences of extreme heat among older adults in temperate climates

Tess Davis

10:20 Recipes in an AI-enabled health and wellbeing app: ingredient and greenhouse gas emission analysis

Esther Curtin

10:30 Disagreeing on purpose: Can planned interpersonal disagreements about the environment and health catalyze change?

Christin Scholz

10:40 Public support for Net Zero policies: A nationally representative survey of the UK population

Samira Hiesl

Oral Session Well-being and digital environments

Chair: Dominika Kwasnicka

Room: Aphrodite A

Online 10:00 Effects of exposure to virtual nature on emotional regulation and well-being in university students

Rita Moura

10:10 Immersive Health Psychology: Augmented-Reality-Based Intervention for Chronic Low Back Pain Management

Robin Conen

10:20 Digital phenotyping in higher education: students' readiness and attitudes toward AI-based wellbeing monitoring

Ksenia Eritsyan

10:30 Algorithmic vulnerability and adolescent mental health in AI-driven digital environments

Eirini Korompilia

Online 10:40 A Privacy-Preserving Chatbot Framework, leveraging Open-Source Large Language Models, for Patient Simulation in Psychotherapy Training
Pasquale Caponnetto

Oral Session Understanding Behaviour Change Determinants

Chair: Paulina Schenk

Room: Aphrodite B

- 10:00 Intention, change in intention, recent intention and the intention-behaviour gap: predicting attendance at cardiac rehabilitation
Derek Johnston
- 10:10 Does experience predict future behaviour ? Insights from repeated mosquito-borne disease outbreaks on Réunion Island.
Kathleen McColl
- 10:20 An expert-informed causal loop diagram of adherence to public health measures during respiratory disease outbreaks
Yannick Helms
- 10:30 Understanding physical activity maintenance as a dynamic process: Introducing PAAM 2.0
Darko Jekauc

Roundtable Integrating Health Psychology's Fragmented Theory and Evidence Base

Chair: Marta Marques

Room: Christian Barnard

- 10:00 Integrating Health Psychology's Fragmented Theory and Evidence Base
Marta Marques, Susan Michie, Robert West, Marie Johnston, Olga Perski

Oral Session Communication & decision making

Chair: Michael Kilb

Room: Athena

- 10:00 Developing a Personalized Communication Model to Enhance risk communication in inherited dyslipidemias in Cyprus
Andrie Panayiotou
- 10:10 Processing Risk: How Narratives and Health Literacy Influence Reasoning in a Digital Breast Cancer Decision-Aid
Madeline Therrien
- 10:20 The Effects of Plain Packaging of Energy Drinks on Consumer Perceptions and Purchasing Intentions
Matan Koklanski
- 10:30 Communicating healthy child nutrition: Germany-wide survey of willingness and frequency among pediatricians and kindergarten teachers
Michael Kilb

Oral Session Health care through an equity lens

Chair: Olga Damman

Room: Leda

- 10:00 Understanding Adjuvant Endocrine Therapy Experiences Among Black Women in the UK: A Qualitative Study
Nimreth Kaur Sidhu
- 10:10 Screening for poverty in a paediatric hospital: a pilot study of the Financial Risk Questionnaire
Ashley Smit
- 10:20 Ethnic Variation in Wellbeing and Service Use Among Unpaid Caregivers in Wales
Abdulmalik Olaosebikan
- 10:30 Between Shame and Prejudice: Validation of a Short German Public Stigma Scale
Leon Cassian Hammer
- 10:40 Associations Between Childhood Maltreatment and Breastfeeding: A Population-Based Study
Seraina Lerch

10:50 Developing an accessible Pain Science Education intervention to encourage physical activity whilst awaiting joint replacement
Anna Hurley-Wallace

11:00 - 11:30 Coffee break

11:30 - 13:00 Orals, Symposia & SOTA

Symposium Burnout in all its forms
Chair: Aurelie Gauchet
Room: Hermes

11:30 Preventing burn-out among healthcare workers using a cognitive behavioral stress management program (CBSM)
Nour Chiboub

11:45 Comparing Two Intervention Approaches to Prevent Parental Burnout: Efficacy and Mechanisms
Celine Stinus

Online 12:00 Psychological Interventions to Reduce Burnout in Academia and Associated Mediators of Change: A Scoping Review
Maddy Metras

12:15 The burden-burnout-depression conundrum in informal care: an exploratory analysis
Pierre Gérain

12:30 Discussion
Aurelie Gauchet

Oral Session Environment, behaviour, and health
Chair: Daniella Watson
Room: Sophia

Online 11:30 Psychological impact of the 2024 floods in Spain: Exposure, resilience, and institutional response
Paula Collazo-Castiñeira

Online 11:45 Behavioral Interventions and Heat Exposure: Effects on Daily Functioning and Sleep Quality (WELLFIT)
Martha Schneider

12:00 "If we all come together and fight this as one": climate impacts on young Australians
Daniella Watson

12:15 The association between parks' socioeconomic location, their maintenance, and their attendees' behaviors.
Efrat Neter

12:30 Behavioural pathways between energy poverty and health: insights from time-use diaries
Celine Fox

Oral Session Social Dynamics in Adolescent Health
Chair: Nicole Alberts
Room: Corallino

11:30 From parent-adolescent interaction quality to self-harm through self-esteem: a longitudinal and dyadic study
Anna Joy Russ

11:45 Characterizing pain in young childhood cancer survivors: Impacts of child and parent mental health
Jada Benedictson

Online 12:00 Health-related communication in adolescents and young adults with sickle cell disease
Tori Langmuir

12:15 Explaining the decline in vaccination uptake among children under two: impact of the covid pandemic
Hilde van Keulen

Oral Session Nutrition, dietary change, and weight-related behaviours
Chair: Laura König
Room: Aphrodite A

- Online 11:30 Does prioritizing specific food categories improve overall adherence to the Mediterranean diet?
Miriam Capasso
- 11:45 Time for Sugar Free: An Intervention to Reduce Sugar Sweetened Beverage consumption in Sports Clubs
Saar Mollen
- 12:00 An experimental test of dietary self-monitoring schedules on adherence and effectiveness
Laura König
- 12:15 Increased availability of meat-free hospital meals promotes sustainable food choices without reducing satisfaction
Alice Seffen
- 12:30 Can a virtual patient encourage healthcare professionals compassionate weight management conversations? A mixed methods evaluation
Catherine Haighton

Oral Session Sedentary behaviour and active living

Chair: James Green

Room: Aphrodite B

- 11:30 Co-designed park improvements produce long-term impacts on physical activity and wellbeing: 7-year natural experimental study
David French
- 11:45 Motivated and responsive: Peer-leader attributes supporting delivery of a national walking program
Cecilie Thøgersen-Ntoumani
- 12:00 Perceived physical, social, and emotional benefits of reducing sedentary time and changes in sedentary behavior
Paulina Krzywicka
- 12:15 Perceptions and barriers to cycling among parents and older adults in under-resourced communities
Paula R. Gisbert
- 12:30 ISCycle: Long-term effects of an ebike loan intervention on transport behaviour in Ireland
James Green
- 12:45 Maintaining exercise behaviour in prostate cancer: results of the STAMINA trial
Liz Steed

SOTA Session Making behaviour change frameworks actionable

Chair: Marie Johnston

Room: Christian Barnard

- 11:30 Starting from where users are: How to support researchers to use ontologies for precision science
Susan Michie
- 12:15 Bridging the gap between behaviour change techniques and deliverable interventions: A framework for developing messages
Chantal den Daas

Oral Session Neurophysiological markers distress and recovery in illness

Chair: Yori Gidron

Room: Athena

- Online 11:30 Heart Rate Variability as a Marker of Vulnerability in Breast Cancer: Associations with Medical Characteristics
Ioanna Kazalaki
- 11:45 Daily stress and worry are additional triggers of symptom fluctuations in individuals living with Long-COVID
Daryl O'Connor
- 12:00 Invisible challenges of parenting a child with type 1 diabetes: a longitudinal study in Portugal
Vasco Costa
- 12:15 CAT-BRAIN: Feasibility and preliminary efficacy of a hybrid cognitive rehabilitation model in chronic brain injury
Fotini Constantinidou

12:30 Does Heart-Rate Variability Moderate Relations Between Inflammation and Stroke Risk: The MESA study
Yori Gidron

Symposium Open enough? Balancing transparency and privacy to make open science work for health psychology

Chair: Rory Coyne

Room: Leda

Online 11:30 Awareness and usage of open research practices in health psychology and beyond
Emma Norris

11:45 Reporting Data Note articles describing qualitative health and social care research datasets: The DeNOTE guidance
Jo Brooks

12:00 Interpretable machine learning meets open science: A framework for transparent explanations
Jonas Hauck

12:15 Discussion
Rory Coyne

12:30 Activity
Rory Coyne

13:00 - 14:00 Lunch

14:00 - 15:00 Posters

Poster Session Caregivers' difficulties and potential solutions

Chair: Filipa Teixeira

Room: Christiaan Barnard Foyer

Loneliness in informal carers and care-recipients in Sweden
Lena Dahlberg

A Scoping Review on Factors Associated with Community Transition Following Informal Caregiving Cessation
Filipa Teixeira

Dynamic communication between parents and adult children in caregiving: Weekly self-disclosure and protective buffering
Liyan Chen

Exploring Motivation to Become a Peer Mentor among Heart Transplant Recipients
Zsófia Ocsóvszky

Poster Session Individual Differences in Self-Regulation: Contexts, Mechanisms, and Outcomes

Chair: Aleksandra Kroemeke

Room: Christiaan Barnard Foyer

Who feels capable to be active? Identifying self-efficacy source profiles using latent profile analysis
Viktoria Egele

Individual Differences in Attachment-Sensitivity Profiles: Implications of Play for Empathy and Peer Relationship Quality
Matilde Melotto

Personality-Related Protective Factors in Orientations to Happiness: A Cluster-Analytic Approach
Zoltán Erős

Effects of achievement motivation and interpersonal dependency on problematic and adaptive digital engagement
Shin-ichi Oura

Exploring the experiences of social media influencers with appearance-affecting health conditions/injuries using photo-elicitation interviews
Ella Guest

Poster Session From Apps to AI: Digital Pathways to Mental Health and Well-Being

Chair: Carolina Silva

Room: Christiaan Barnard Foyer

Social media-supported brief digital mindfulness intervention for Chinese international students: a mixed-method pilot study

Jiawan Zhong

Digital interventions for promoting undergraduate student well-being: barriers, facilitators, and recommendations

Elena Ruyant Belabbas

Mobile applications for suicide prevention: An overview of reviews

Siri Jakobsson Støre

Emotionally Available Machines: Attachment and Emotional Dependence on ChatGPT in Young Adulthood

Rosalynne Constantine

Online Development and validation of the Socio-Affective AI Use Scale (SAAI-S) among Italian high school students

Simone Festa

Ontological construals of conversational AI and trust in AI-generated health information

Yadviga Sinyavskaya

ePsychological health & well-being in Portuguese: A short & simplified scoping review

Rute F. Meneses

The New First Listener: Daydreaming Styles and Self-Compassion Predict Adolescent Disclosure to AI in ADHD

Amy Cheung

Online From Self-Tracking to Healthcare Interactions: Women's Experiences Using Symptom-Tracking Apps and Wearables

Jennifer Cooney-Quane

AI and digital mental health tool use in young adults (18–24) in Cyprus

Andria Theodoulou

From scores to stories: Evaluating the quality of LLM-generated narratives about patient-reported outcomes

Linwei He

Poster Session Illness Experiences, Health Communication, and Preventive Behaviour

Chair: Efrat Neter

Room: Christiaan Barnard Foyer

The Role of Spirituality in Adaptation and Health Outcomes in Oncology: A Scoping Review

Kristine Mārtinsons

Patient experiences of coping with low-grade 2 glioma: a qualitative study in Greece

George Koulierakis

The psychological experiences of haemodialysis patients with end-stage kidney disease: An ACT-informed qualitative study

Eleni Konstantinou

Making sense of chronic pain: a Grounded Theory approach

Christina Papachristou

"I call it a bastard": Textual statistical analysis of discourse of patients with lung cancer.

Louise Zanni

Exploring fear of cancer recurrence in breast cancer survivors: a qualitative study

Maria Inês Griff

Online Time on Hemodialysis, Psychological Inflexibility, and Coping: Pathways to Depression and Quality of Life

Francisco Montesinos

Mapping themes, sponsorship, and information quality in anti-obesity medication content on social media

Cathalijne Cornelissen

Risk prediction models for COVID-19 and influenza vaccination status based on socioeconomic and health-related factors
Hanna-Kai Reimand

Between Prevention and Polarization: Social Representations of Vaccination Among Parents in Slovakia
Alexandra Šurinová

Poster Session Mental health, nature, and tobacco

Chair: Maria Karekla

Room: Christiaan Barnard Foyer

Online Psychosocial Determinants of Public Stigma Towards Mental Health: Implications for Behaviour-Focused Interventions
Nataša Dernovšek Hafner

Developing a school-based intervention to support balanced screen use among adolescents through participatory design
Maria Grante

Cross-sector stakeholder engagement in nature-based interventions in adult healthcare
Aivija Knīse - Repša

Bridging Healthcare and Nature: Professional Perspectives on the Implementation of Nature-Based Interventions
Aivija Knīse - Repša

Implementing parkrun practices in primary care: opportunities, barriers, and pathways to sustainable engagement
Jessica Marshall

Identifying high-risk urban locations and contexts for nicotine craving in Amsterdam: a mixed-methods study
Joop van den Nagel

Poster Session Psychosocial and Digital Interventions in Chronic Disease Care

Chair: Theodora Fteropoulli

Room: Christiaan Barnard Foyer

Empowering Endometriosis Decisions Through Technology: Focus Group Co-Design of a Chatbot-based Patient Decision Aid
Océane Pittet

Online Effects of an Acceptance-based Therapy on Psychological Flexibility, Coping, and Emotional Symptoms in Hemodialysis Patients
Sonia Diéguez Mantecón

Co-creation of the 3D Programme: An internet-based cognitive behavioural therapy intervention for women with depression
Natalia Angarita-Osorio

Enhancing engagement in digital mental health through lived experience: Evidence from the EMBody intervention
Emily Todd

Aligning Dimensions of Interoceptive Experience (ADIE) Therapy for breast cancer survivors: a clinical trial protocol
Amy Morton

Theory-based eHealth intervention enhancing adjustment and quality of life in breast cancer patients
Joanna Tomczyk

Online Defining psychological intervention needs in hypertensive disorders of pregnancy
Kathleen Lalande

Where theory meets experience: building meaningful support for people with Multiple Sclerosis
Jessica Walburn

Online Building Municipal Capacity for Health in All Policies Through Decentralized Prevention Counselling: A Process Evaluation
Melanie Jagla-Franke

Poster Session Psychosocial Determinants of Student Mental Health and Wellbeing in Educational Settings

Chair: Laura Gördes

Room: Christiaan Barnard Foyer

Motivation and Emotion Regulation in Education as Risk and Protective Factors for Mental Health
Eva Vancu

Online Resilience, stress, and mental health outcomes in nurses and nursing students
Tina Kavčič

Innovation for student wellbeing: Using "My Competence Portfolio" to foster self-efficacy in STEM
Madalina Jäger

Online Sleep quality, daytime sleepiness and student self-efficacy: psychosocial predictors of well-being and stress
Davide Serpe

Who Knows More About Mental Health? Differences Across Majors in German University Students
Alice Fedotova

Meaning in Studies of Medical Freshmen: Associations with Well-being and Burnout
Sarah Baumgartner

Eating disorders among adolescents as an attempt to improve self-esteem
Agnieszka Bialek-Dratwa

Psychosocial determinants of orthorexia: the role of appearance internalization and body composition
Agata Kiciak

Moral Identity and Moral Injury in the Cyclical Dynamics of Adolescent Cyberbullying
Cobzeanu Alexandra

Coping families in adolescents' online questions: age and gender patterns in help-seeking
Torstein de besche

What challenges do parents face in talking to adolescents about weight?
Fiona Gillison

15:00 - 16:00 Digital Innovations and Behavioural Insights for (Dis)Respectful Maternity Care in Cyprus: From Co-creation to Reflections for Systemic Change

Chair: Angelos Kassianos

Room: Akamas

15:00 Digital innovations and behavioural insights for (Dis)Respectful Maternity Care in Cyprus: From co-creation to reflections for systemic change
Nicos Middleton

16:00 - 17:00 Closing Ceremony

Room: Akamas

17:00 - 17:30 Reception for EHPS 2027

Room: Akamas